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Rhodes, Christine

Involve and Evolve

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#### Authenticity to Action Conference 2015 University of HUDDERSFIELD

- Involve and Evolve
- 11 & 12 March 2015
- Preston
- (uclan International service user conference)

Inspiring tomorrow's professionals





THE QUEEN'S AWARDS FOR ENTERPRISE

# **Christine Rhodes**



- Head of Pre-registration Nursing
- Worked in Health Professional Education for 11 years
- Believe that service user and carer involvement in the education of health and social care professionals is important in preparing students for professional practice





# The Critically Engaged Academic

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THE QUEEN'S AWARDS FOR ENTERPRISE

### Kolb's reflective cycle





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THE QUEEN'S AWARDS

#### **Concrete Experience - Personal**

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#### **Concrete Experience - Personal**

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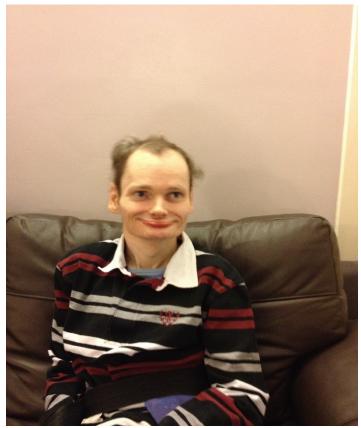




THE QUEEN'S AWARDS FOR ENTERPRISE

#### **Concrete Experience**





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THE QUEEN'S AWARDS

### **Concrete Experience - Professional**

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THE QUEEN'S AWARDS

# **Reflective Observation**



- Reflect on my own experiences, personal and professional and how this has influenced what I have done
- Made sense of why it is important to include 'experts by experience'
- Credibility with service users and carers and students





# **Abstract Conceptualisation**



- Appropriate engagement, giving of self
- Participatory approaches
- Humanistic, reflective and experiential learning (Freire, 2000)
- Critical social theory (Habermas, 1987, 1989)
- Deliberative democracy.





# **Active Experimentation**



- What we learn starts process and new experiences, continuously evolving.
- Transformational
- Personal satisfaction, maintain interest and passion
- Encouragement to carry on
- Stand up for the cause





#### Participatory Approaches are Best Practicesity of HUDDERSFIELD







- 'Service user and carer involvement brings something that you cannot learn in a text book, that you cannot learn in a lecture, you learn from the person who has dealt with it day in day out, real people, with real situations in real life'(Student).
- 'Being involved helped me learn about myself, put things in perspective, gave me a sense of purpose and belonging, has enhanced my life and given me more than I could have ever imagined'(Service user).











 Critical reflection and self- appraisal has raised my consciousness and enabled me to better understand why I have adopted the approaches I have in my work as an academic, practitioner and on a personal basis (Academic).





### Conclusion



- Own Agency
- Authenticity
- Reality
- Lived Experience

 It is how we use this in what we do that can make the difference









#### Thank You





