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Kirshbaum, Marilyn

Attention Restorative Activities used in the Management of Fatigue

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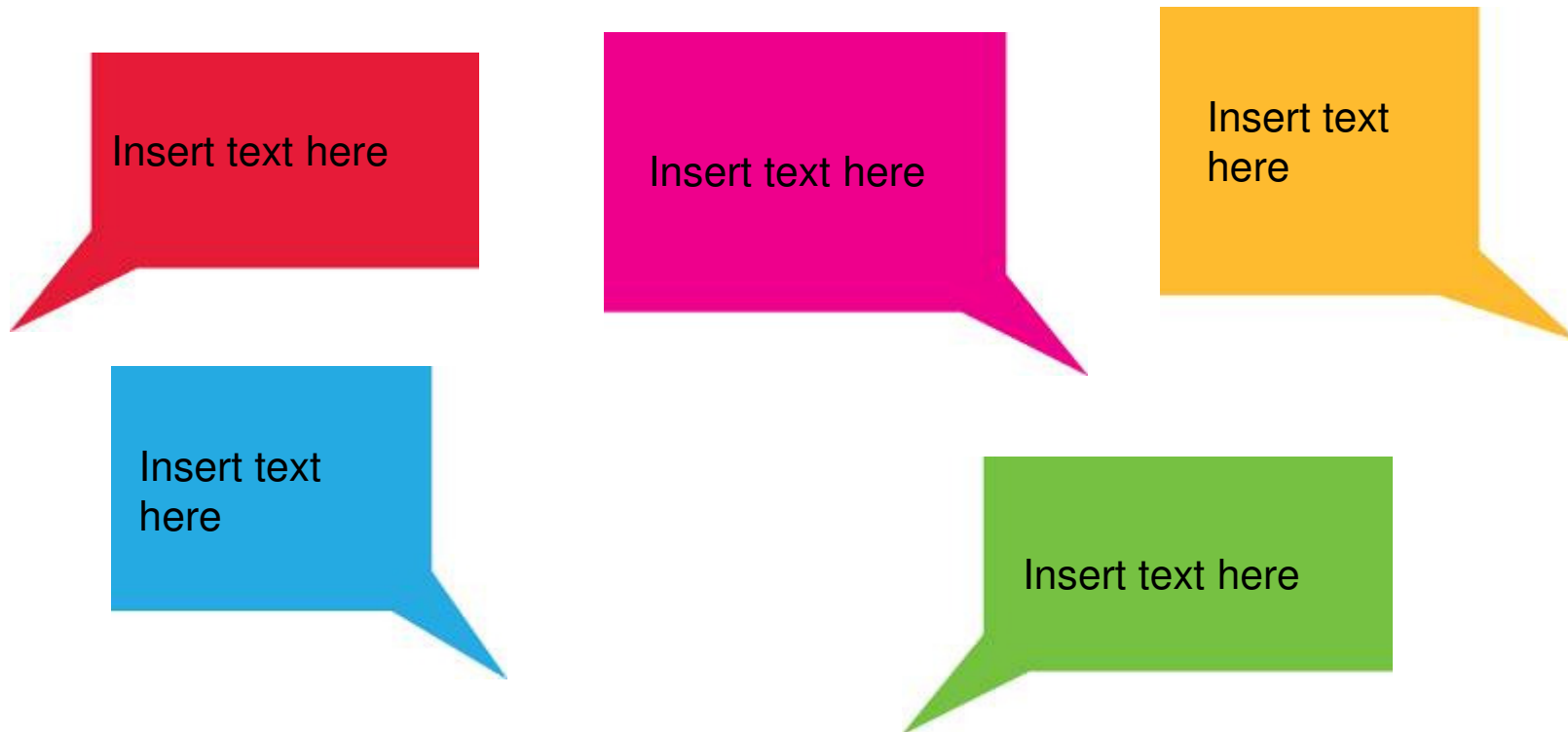
Attention Restorative Activities used in the Management of Fatigue



**Division of Health and Rehabilitation
School of Human and Health Sciences**

Marilyn Kirshbaum, Reader in Nursing

Speech Bubble Slide template



The Grand Team



Core

Joanne Graham
Stephen Phillips
Brigid Purcell



Advisory

Nichola Barlow
Sarah Chipperfield
Pam Williams
Jackie Malone
Dr Helen Gavin
Professor Nigel King
Mr Seamus Nash
Vicky Kaye

Background



Inspiring tomorrow's professionals

Attention Restorative Theory



-

Fatigue and Our Focus Long Term Conditions

- Diabetes
- COPD
- Cardiac conditions
- Autoimmune conditions
- Cancer
- Palliative Care
- Chronic pain
- Advancing age



Our Approach



Systematic Review

Pilot Study

Inspiring tomorrow's professionals

From the literature so far.....

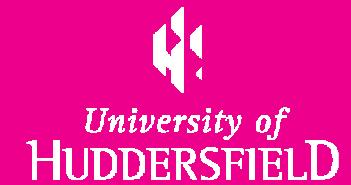


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INTELLECT BEAUTY SENSATIONS PHOTOS
FUN ENJOYMENT MEANING CONTROL
EMOTION LIVING JOY SHARING AROMAS
ACTION INVOLVEMENT POWER LOVING
MUSIC

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