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JULIA SNOWDIN



"When women compare their
body with an image presented
in the media, they almost
invariably find them selves
wanting"³¹

"Virtually every home has a
television set, switched on for an
average of 7 hours per day, with
individuals each watching 3 or 4
hours..."³²

In 2004 the National Institute of Health and Clinical Excellence published that 1.6 million people were suffering from an eating disorder in the UK. 92% of the 1.6 million sufferers chose not to tell any one.³³