



University of HUDDERSFIELD

University of Huddersfield Repository

Leeming, Dawn, Marshall, Joyce and Hinsliff, Sophie

Managing self-conscious emotion in breastfeeding support: a theoretically informed meta-synthesis

Original Citation

Leeming, Dawn, Marshall, Joyce and Hinsliff, Sophie (2017) Managing self-conscious emotion in breastfeeding support: a theoretically informed meta-synthesis. In: Nutrition and Nurture in Infancy and Childhood: Bio-Cultural Perspectives, 12th-14th June 2017, Grange Over Sands, Lake District, UK. (Unpublished)

This version is available at <http://eprints.hud.ac.uk/id/eprint/32637/>

The University Repository is a digital collection of the research output of the University, available on Open Access. Copyright and Moral Rights for the items on this site are retained by the individual author and/or other copyright owners. Users may access full items free of charge; copies of full text items generally can be reproduced, displayed or performed and given to third parties in any format or medium for personal research or study, educational or not-for-profit purposes without prior permission or charge, provided:

- The authors, title and full bibliographic details is credited in any copy;
- A hyperlink and/or URL is included for the original metadata page; and
- The content is not changed in any way.

For more information, including our policy and submission procedure, please contact the Repository Team at: E.mailbox@hud.ac.uk.

<http://eprints.hud.ac.uk/>

Leeming D, Marshall J, & Hinsliff S. (2017). Managing self-conscious emotion in interactions with breastfeeding supporters: A theoretically informed meta-synthesis. In *Nutrition and Nurture in Infancy and Childhood Conference, 12th - 14th June 2017, Grange Over Sands, Lake District, UK*

PAPERS CONTRIBUTING TO SYNTHESIS

- Beake, S., Rose, V., Bick, D., Weavers, A., & Wray, J. (2010). A qualitative study of the experiences and expectations of women receiving in-patient postnatal care in one English maternity unit. *BMC Pregnancy And Childbirth*, 10, 70-70. doi: 10.1186/1471-2393-10-70
- Brown, A., & Lee, M. (2011). An exploration of the attitudes and experiences of mothers in the United Kingdom who chose to breastfeed exclusively for 6 months postpartum. *Breastfeeding Medicine*, 6(4), 197-204. doi: <http://dx.doi.org/10.1089/bfm.2010.0097>
- Coates, R., Ayers, S., & de Visser, R. (2014). Women's experiences of postnatal distress: a qualitative study. *BMC Pregnancy And Childbirth*, 14, 359-359. doi: 10.1186/1471-2393-14-359
- Condon, L., Rhodes, C., Warren, S., Withall, J., & Tapp, A. (2013). 'But is it a normal thing?' Teenage mothers' experiences of breastfeeding promotion and support. *Health Education Journal*, 72(2), 156-162 157p. doi: 10.1177/0017896912437295
- Condon, L. J., & Salmon, D. (2015). 'You likes your way, we got our own way': Gypsies and Travellers' views on infant feeding and health professional support. *Health Expectations*, 18(5), 784-795 712p. doi: 10.1111/hex.12214
- Entwistle, F., Kendall, S., & Mead, M. (2010). Breastfeeding support - the importance of self-efficacy for low-income women. *Maternal & Child Nutrition*, 6(3), 228-242. doi: 10.1111/j.1740-8709.2009.00202.x
- Fox, R., McMullen, S., & Newburn, M. (2015). UK women's experiences of breastfeeding and additional breastfeeding support: a qualitative study of Baby Café services. *BMC Pregnancy And Childbirth*, 15, 147-147. doi: 10.1186/s12884-015-0581-5
- Guyer, J., Millward, L. J. & Berger I. (2012). Mothers' breastfeeding experiences and implications for professionals. [Article]. *British Journal of Midwifery*, 20(10), 724-733.
- Hinsliff-Smith, K., Spencer, R., & Walsh, D. (2014). Realities, difficulties, and outcomes for mothers choosing to breastfeed: primigravid mothers experiences in the early postpartum period (6-8 weeks). *Midwifery*, 30(1), e14-e19. doi: 10.1016/j.midw.2013.10.001
- Hoddinott, P., Craig, L., MacLennan, G., Boyers, D., & Vale, L. (2012). Process evaluation for the FEeding Support Team (FEST) randomised controlled feasibility trial of proactive and reactive telephone support for breastfeeding women living in disadvantaged areas. *BMJ Open*, 2(2) 10.1136/bmjopen-2012-001039
- Hoddinott, P., Craig, L. C. A., Britten, J., & McInnes, R. M. (2012). A serial qualitative interview study of infant feeding experiences: idealism meets realism. *BMJ Open*, 2(2), e000504-e000504. doi: 10.1136/bmjopen-2011-000504
- Hunter, L., Magill-Cuerden, J., & McCourt, C. (2015). Disempowered, passive and isolated: how teenage mothers' postnatal inpatient experiences in the UK impact on the initiation and continuation of breastfeeding. *Maternal & Child Nutrition*, 11(1), 47-58. doi: 10.1111/mcn.12150
- Ingram, J. (2013). A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy And Childbirth*, 13, 192-192. doi: 10.1186/1471-2393-13-192
- Keely, A., Lawton, J., Swanson, V., & Denison, F. C. (2015). Barriers to breast-feeding in obese women: A qualitative exploration. *Midwifery*, 31(5), 532-539. doi: 10.1016/j.midw.2015.02.001
- Lagan, B. M., Symon, A., Dalzell, J., & Whitford, H. (2014). 'The midwives aren't allowed to tell you': Perceived infant feeding policy restrictions in a formula feeding culture -- The Feeding Your Baby Study. *Midwifery*, 30(3), e49-55 41p. doi: 10.1016/j.midw.2013.10.017
- Leeming, D., Williamson, I., Johnson, S., & Lyttle, S. (2015). Making use of expertise: a qualitative analysis of the experience of breastfeeding support for first-time mothers. *Maternal & Child Nutrition*, 11(4), 687-702. doi: 10.1111/mcn.12033
- Marshall, J. L., Godfrey, M., & Renfrew, M. J. (2007). Being a 'good mother': managing breastfeeding and merging identities. *Soc Sci Med*, 65(10), 2147-2159. doi: 10.1016/j.socscimed.2007.06.015
- McFadden, A., Renfrew, M. J., & Atkin, K. (2013). Does cultural context make a difference to women's experiences of maternity care? A qualitative study comparing the perspectives of breast-feeding women of Bangladeshi origin and health practitioners. *Health Expectations: An International Journal Of Public Participation In Health Care And Health Policy*, 16(4), e124-e135. doi: 10.1111/j.1369-7625.2012.00770.x
- McFadden, C., Baker, L., & Lavender, T. (2009). Exploration of factors influencing women's breastfeeding experiences following a caesarean section. *Evidence Based Midwifery*, 7(2), 64-70 67p.
- McInnes, R. J., Hoddinott, P., Britten, J., Darwent, K., & Craig, L. C. A. (2013). Significant others, situations and infant feeding behaviour change processes: a serial qualitative interview study. *BMC Pregnancy And Childbirth*, 13, 114-114. doi: 10.1186/1471-2393-13-114

- Redshaw, M., & Henderson, J. (2012). Learning the hard way: expectations and experiences of infant feeding support. *Birth* (Berkeley, Calif.), 39(1), 21-29. doi: 10.1111/j.1523-536X.2011.00509.x
- South, J., Kinsella, K., & Meah, A. (2012). Lay perspectives on lay health worker roles, boundaries and participation within three UK community-based health promotion projects. *Health Education Research*, 27(4), 656-670. doi: 10.1093/her/cys006
- Spencer, R. L., Greatrex-White, S., & Fraser, D. M. (2015). 'I thought it would keep them all quiet'. Women's experiences of breastfeeding as illusions of compliance: An interpretive phenomenological study. [Article]. *Journal of Advanced Nursing*, 71(5), 1076-1086. doi: 10.1111/jan.12592
- Thomson, G., & Crossland, N. (2013). Callers' attitudes and experiences of UK breastfeeding helpline support. *International Breastfeeding Journal*, 8(1), 3-3. doi: 10.1186/1746-4358-8-3
- Thomson, G., Crossland, N., & Dykes, F. (2012). Giving me hope: women's reflections on a breastfeeding peer support service. *Maternal & Child Nutrition*, 8(3), 340-353. doi: 10.1111/j.1740-8709.2011.00358.x
- Thomson, G., & Dykes, F. (2011). Women's sense of coherence related to their infant feeding experiences. *Maternal & Child Nutrition*, 7(2), 160-174. doi: 10.1111/j.1740-8709.2010.00251.x
- Thomson, G., Dykes, F., Hurley, M. A., & Hoddinott, P. (2012). Incentives as connectors: insights into a breastfeeding incentive intervention in a disadvantaged area of North-West England. *BMC Pregnancy And Childbirth*, 12, 22-22. doi: 10.1186/1471-2393-12-22
- Thomson, G., Ebisch-Burton, K., & Flacking, R. (2015). Shame if you do - shame if you don't: Women's experiences of infant feeding. [Article]. *Maternal and Child Nutrition*, 11(1), 33-46. doi: 10.1111/mcn.12148
- Wade, D., Haining, S., & Day, A. (2009). Breastfeeding peer support: are there additional benefits? *Community Practitioner*, 82(12), 30-33 34p.

ADDITIONAL REFERENCES

- Brown, B. (2006). 'Shame resilience theory: a grounded theory study on women and shame', *Families in Society: The Journal of Contemporary Social Services*, 87(1): 43-52.
- Gilbert, P. (2003). 'Evolution, social roles, and the differences in shame and guilt', *Social Research*, 70(4): 1205-1230.
- King, N. & Brooks, J. (2017). *Template analysis for business and management students*. London: Sage.
- Leeming, D (2016) 'Changing the Conversation: Shelving Shame'. *NCT Perspective* (33)
- Leeming, D. & Boyle, M. (2013). 'Managing shame: an interpersonal perspective', *British Journal of Social Psychology*, 52(1): 140-160.
- Leeming, D., Marshall, J. & Locke, A. (2017). Understanding process and context in breastfeeding support interventions: The potential of qualitative research. *Maternal and Child Nutrition*
- Lewis, M. (1993). Self-conscious emotions: Embarrassment, pride, shame and guilt. In M. Lewis & J. M. Haviland (Eds.), *Handbook of emotions*. NY: Guilford Press.
- McInnes R.J. & Chambers J.A. (2008). Supporting breastfeeding mothers: Qualitative synthesis. *Journal of Advanced Nursing* 62, 407-427.
- Nathanson, D. L. (1997). 'Affect theory and the compass of shame', in M. R. Lansky and A. P. Morrison (eds) *The Widening Scope of Shame*, Hillsdale, N.J: Analytic Press, pp 339-354.
- Ryan K., Bissell P. & Alexander J. (2010) Moral work in women's narratives of breastfeeding. *Social Science and Medicine* 70, 951-958.
- Sabini, J., Garvey, B. & Hall, A. L. (2001). Shame and embarrassment revisited. *Personality and Social Psychology Bulletin*, 27, 104-117.
- Scheff, T. J. (2003). 'Shame in self and society', *Symbolic Interaction*, 26(2): 239-262.
- Tangney, J. P. & Dearing, R. L. (2002). *Shame and guilt*. NY: Guilford Press.
- Taylor, E.N. & Wallace, L.E. (2012). 'Feminist breastfeeding advocacy and the problem of guilt', in P. Hall Smith, B. L. Hausman, and M. Labbok (eds) *Beyond health, beyond choice: Breastfeeding constraints and realities*, Chapel Hill: Rutgers Press, pp 193-202.
- Tracy, J.L. & Robins, R.W. (2007). The Self in Self-Conscious Emotions: A Cognitive Appraisal Approach. In J.L. Tracy, R.W. Robins & J.P. Tangney (Eds.) *The self-conscious emotions: Theory and research*. London: Guilford Press.
- van Vliet, K. J. (2008). 'Shame and resilience in adulthood: a grounded theory study', *Journal of Counselling Psychology*, 55(2): 233-245.
- Williams, K., Donaghue, N. & Kurz, T. (2012). "Giving guilt the flick?": an investigation of mothers' talk about guilt in relation to infant feeding', *Psychology of Women Quarterly*, 37(1): 97-112.
- Williamson, I., Leeming, D., Lyttle, S. & Johnson, S. (2012). "It should be the most natural thing in the world": exploring first-time mothers' breastfeeding difficulties in the UK using audio-diaries and interviews', *Maternal and Child Nutrition*, 8(4): 434-447.
- Woollard, F. (2016). 'Changing the conversation: reasons not duties', *Perspective*, 33(Dec).