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Randomised Evaluation of Sexual health Promotion Effectiveness informing Care and Treatment

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A healthy sex life is just as important to people living with serious mental illness (SMI) as it is for everyone, however it’s an area that is not explored in mental health

Using the MRC Framework for the development of complex interventions¹

DEVELOPMENT work
• Reviewed literature on evidence for interventions
• Held focus groups with staff
• CLAHRC staff survey
• Engagement events with people with lived experience and their carers

Feasibility and piloting
Testing procedures
Estimating recruitment and retention
Determining sample size

Evaluation
Assessing effectiveness
Understanding change process
Assessing cost effectiveness

Implementation
Dissemination
Surveillance and monitoring
Long term follow-up

RESPECT aims to:
Demonstrate the feasibility of recruiting people with serious mental illness to a specifically developed sexual health intervention

Qualitative interviews will elicit the participants’ views on the acceptability of the intervention and their experiences of both it and the study processes

Intervention:
3 sessions
1) Knowledge of HIV and STIs
2) Keeping safe (condoms and contraception)
3) Relationships and communication (negotiation and assertiveness to get what you want from relationship and being safe

More information:
Twitter @RESPECTstudy
Email: respect@hud.ac.uk
Website: www.respectstudy.co.uk
QR Code:

The RESPECT study is a feasibility RCT
• We’re asking “can this be done” NOT “does this work?”
• Recruitment numbers, uptake of intervention, preparing for full trial

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