

University of Huddersfield Repository

Velagapudi, Ravikanth, Baco, Gina, Khela, Sunjeet, Okorji, Uchechukwu and Olajide, Olumayokun A

Pomegranate inhibits neuroinflammation and amyloidogenesis in IL-1β stimulated SK-N-SH cells

Original Citation

Velagapudi, Ravikanth, Baco, Gina, Khela, Sunjeet, Okorji, Uchechukwu and Olajide, Olumayokun A (2015) Pomegranate inhibits neuroinflammation and amyloidogenesis in IL-1 β stimulated SK-N-SH cells. European Journal of Nutrition. ISSN 1436-6207

This version is available at http://eprints.hud.ac.uk/id/eprint/24941/

The University Repository is a digital collection of the research output of the University, available on Open Access. Copyright and Moral Rights for the items on this site are retained by the individual author and/or other copyright owners. Users may access full items free of charge; copies of full text items generally can be reproduced, displayed or performed and given to third parties in any format or medium for personal research or study, educational or not-for-profit purposes without prior permission or charge, provided:

- The authors, title and full bibliographic details is credited in any copy;
- A hyperlink and/or URL is included for the original metadata page; and
- The content is not changed in any way.

For more information, including our policy and submission procedure, please contact the Repository Team at: E.mailbox@hud.ac.uk.

http://eprints.hud.ac.uk/

Pomegranate inhibits neuroinflammation and amyloidogenesis in IL-1 β -stimulated SK-N-SH cells

Ravikanth Velagapudi, Gina Baco, Sunjeet Khela, Uchechukwu Okorji, Olumayokun Olajide

Department of Pharmacy, School of Applied Sciences, University of Huddersfield, Huddersfield, HD1 3DH, West Yorkshire, United Kingdom

Author for correspondence:

Dr Olumayokun Olajide
Department of Pharmacy
School of Applied Sciences
University of Huddersfield
Queensgate, Huddersfield

HD1 3DH

Email: o.a.olajide@hud.ac.uk

Telephone: +4 (0) 1484 472735

Fax: +44 (0) 1484 47218

Abstract

Purpose: Pomegranate fruit, *Punica granatum L.* (Punicaceae) and its constituents have been shown to inhibit inflammation. In this study we aimed to assess the effects of freeze-dried pomegranate (PWE) on PGE₂ production in IL-1β stimulated SK-N-SH cells.

Methods: An enzyme immuno assay (EIA) was used to measure prostaglandin E_2 (PGE₂) production from supernatants of IL-1β stimulated SK-N-SH cells. Expression of COX-2, phospho-IκB and phospho-IKK proteins were evaluated, while NF-κB reporter gene assay was carried out in TNFα-stimulated HEK293 cells to determine the effect of PWE on NF-κB transactivation. Levels of BACE-1 and Aβ in SK-N-SH cells stimulated with IL-1β were measured with an in cell ELISA.

Results: PWE (25-200 μg/ml) dose dependently reduced COX-2 dependent PGE₂ production in SK-N-SH cells stimulated with IL-1β. Phosphorylation of IκB and IKK were significantly (p<0.001) inhibited by PWE (50- 200 μg/ml). Our studies also show that PWE (50-200 μg/ml) significantly (p<0.01) inhibited NF-κB transactivation in TNFα-stimulated HEK293 cells. Furthermore PWE inhibited BACE-1 and Aβ expression in SK-N-SH cells treated with IL-1β.

Conclusions: Taken together, our study demonstrates that pomegranate inhibits inflammation, as well as amyloidogenesis in IL-1 β -stimulated SK-N-SH cells. We propose that pomegranate is a potential nutritional strategy in slowing the progression of neurodegenerative disorders like Alzheimer's disease.

Keywords

Pomegranate; Neuroinflammation; Amyloidogenesis; Neurons; Interleukin-1β

Introduction

1

- 2 Alzheimer's disease (AD) is still the most common cause of dementia accounting for
- 3 50% to 75% of all cases [1], especially in the elderly [2]. As the population of the
- 4 European continuent continues to age, it is predicted that AD will continue to be a
- 5 major public health problem. Consequently, there is need to identify and develop
- 6 therapeutic strategies aimed at delaying progression of AD.
- 7 Neurodegeneration in AD is linked to the accumulation of senile plaques which
- 8 consist of small peptides, known as amyloid-β (Aβ), and intracellular neurofibrillary
- 9 tangles, consisting of aggregates of hyperphosphorylated tau protein [3].
- Neuroinflammation is a process which principally involves activation of astrocytes
- and microglia by inflammatory mediators in AD [4, 5]. However, in spite of the widely-
- reported roles of microglia and astrocytes in neuroinflammation, it has been
- suggested that PGE₂ produced in neurons may contribute to the self-propagating
- processes involved in AD. For instance, Hoshino et al. showed that PGE2 stimulates
- the production of Aβ in cultured human neuroblastoma (SH-SY-5Y) cells [6]. Also,
- reports have demonstrated elevated levels of PGE2 and COX-2 in the brains of AD
- patients [7, 8]. Inhibition of PGE₂ production and COX-2 expression therefore
- provides a critical target for reducing the contributions of neurons to the self-
- 19 perpetuating cycle of neuroinflammation.
- The production of COX-2 and other inflammatory factors is regulated by the
- transcription factor, nuclear factor-kappa B (NF-κB), which has been shown to be
- widely expressed in the brain. Evidences have been put forward that NF-κB
- signalling pathways may be activated in AD brains [9]. These have been supported
- by reports demonstrating that A β peptides could activate NF- κ B in neurons [10].
- NFκB pathway therefore provides an important target in the understanding of
- mechanisms involved in modulating inflammation in the neurons.
- 27 Accumulation of extracellular Aβ plagues in neurons is one of the important
- pathological hallmarks in AD. Also, the beta-site amyloid precursor protein cleaving
- 29 enzyme1 (BACE-1) play a key role in the processing of Aβ and its aggregation
- through catalysing amyloid precursor protein (APP) [11]. Various studies have
- demonstrated that the transcription of BACE-1 is controlled by NF- κ B, and thus A β

- production in neurons [12, 13 14, 15]. In this regard targeting BACE-1 and Aβ
- production could be a potential strategy in slowing down the progression of AD.
- Pomegranate fruit (*Punica granatum* L.) is widely consumed for its broad spectrum of
- nutritional and health benefits. Pomegranate contains polyphenols and tannins,
- which have been shown to be responsible for most of its nutritional benefits. Extracts
- and bioactive constituents of pomegranate fruit have been shown to suppress
- inflammation. Components such as punical gin and punical in have been shown to
- reduce nitric oxide and PGE₂ production in intestinal cells [16, 17]. *In vitro* and *in vivo*
- 40 studies showed that pomegranate produced significant reduction in egg albumin-
- induced hind paw inflammation following intraperitoneal and intracerebroventricular
- administrations in rats, reduction in carrageenan-induced paw oedema, and NO
- production and iNOS expression in RAW 264.7 cells [18, 19]. Recently, we showed
- that one of the bioactive components of pomegranate, punical agin inhibited
- neuroinflammation in LPS-activated microglia [20]. In spite of accumulating evidence
- showing that inflammation in neurons contribute to the pathology in AD, it is not
- currently known if pomegranate or its constituents produce any direct effect on these
- cells. In this study, we have evaluated the activity of freeze-dried pomegranate juice
- on PGE₂ production in IL-1β-stimulated SK-N-SH cells. In light of the importance of
- 50 neuroinflammation to amyloidogenesis, we also investigated whether pomegranate
- could inhibit BACE-1 and A β protein expression in IL-1 β -activated neuronal cells.

Materials and methods

Materials

52

53

59

- Pomegranate juice (POM Wonderful LLC, Los Angeles, CA) was freeze-dried to a
- solid sample (PWE) which was then reconstituted in sterile water and stored at -
- 20°C. Pomegranate juice used in this study was made from fruit skins, which has
- 57 been standardised to ellagitannins, as punicalagins (80-85%) and free ellagic acid
- 58 (1.3%) as determined by high-performance liquid chromatography [21].

Cell culture

- The human neuroblastoma (SK-N-SH) cells were obtained from the HPA Culture
- 61 Collection (Salisbury, UK) and were grown in MEM-Eagle's medium (Life

- Technologies, UK). Medium was supplemented with 10% foetal bovine serum
- (Sigma, UK), 2 mM L-glutamine, 1 mM sodium pyruvate, 40 units/ml
- penicillin/streptomycin (Sigma, UK). Confluent monolayers were passaged routinely
- by trypsinisation. Cultures were grown at 37 °C in 5% CO₂ until 80% confluence, and
- the medium was to serum free MEM the day before treatment.
- 67 HEK293 cells were obtained from the HPA Culture Collection (Salisbury, UK) and
- were grown in MEM-Eagle's medium (Life Technologies, UK). Medium was
- supplemented with 10% foetal bovine serum (Sigma, UK), 2 mM L-glutamine, 1 mM
- sodium pyruvate, 40 units/ml penicillin/streptomycin (Sigma, UK). Confluent
- monolayers were passaged routinely by trypsinisation. Cultures were grown at 37 °C
- in 5% CO₂ until 80% confluence.

PGE₂ measurement

73

80

- Quantification of PGE₂ accumulation was carried out in SK-N-SH cells by seeding in
- 96-well plates (2 × 10^5 /well), cultured for 48 h, and incubated with or without IL-1 β
- 76 (10 U/ml) in the absence or presence of PWE (25-200 μg/ml) for 24 h. PGE₂
- concentration was assessed in cell supernatants with a commercially available kit
- 78 (Arbor Assays, Ann Arbor, MI, USA), followed by measurement at 450 nm with a
- microplate reader. Experiments were performed at least three times and in triplicate.

Sandwich ELISA for COX-2, phospho-lκBα and phospho-lKKα

- Protein expressions of COX-2, phospho-lκBα and phospho-lKKα were determined
- using an ELISA for human COX-2, phospho-lκBα and phospho-lKKα. Cultured SK-
- N-SH cells were stimulated with IL-1 β (10 U/ml) in the presence or absence of PWE
- 84 (25-200 μ g/ml) for 24 h (COX-2), or 5 min (phospho-lkB α and phospho-lKK α). At the
- end of the experiments, cells were washed with phosphate-buffered saline (PBS)
- and lysed with 400 µl cell lysis buffer (20 mM Tris-HCl [pH 7.5], 150 mM NaCl, 1 mM
- 87 Na₂EDTA, 1 mM EGTA, 1% Triton, 2.5 mM sodium pyrophosphate, 1 mM β-
- glycerophosphate, 1 mM Na₃VO₄, 1 µg/ml leupeptin) and incubated on ice for 5 min.
- The cells were then scraped and centrifuged at 13,500 rpm. Cell lysates were
- 90 collected and measured for levels of COX-2, phospho-lκBα and phospho-lKKα,
- using a PathScan® sandwich ELISA kit (Cell Signalling Technology), according to the
- manufacturer's instructions.

Transient transfection and luciferase reporter gene assay

- 94 In order to determine the effect of PWE on the transactivation of NF-κB, a luciferase
- reporter gene assay was carried out. HEK293 cells were seeded out at a
- concentration of 4×10^5 cells/ml. Twenty-four hours later, cells were transfected with
- 97 a Cignal[®] NF-κB Reporter (luc) (SABiosciences), using TransIT[®]-LT1 transfection
- 98 reagent (Mirus Bio LLC) and incubated for a further 16 h at 37 ℃ in 5% CO₂. Twenty-
- 99 four hours later, transfected HEK293 cells were stimulated with TNFα (1 ng/ml) in the
- presence or absence of PWE (25-200 μg/ml) for 6 h. NF-κB-mediated gene
- expression was measured with ONE-Glo luciferase assay kit (Promega,
- Southampton, UK) according to the manufacturer's instructions.

In Cell ELISA for BACE1 and AB

- In Cell ELISA is used for quantitative protein analysis directly in adherent cell
- cultures, and was used to measure BACE-1 and Aβ protein expression following
- stimulation of SK-N-SH cells with IL-1 β , as described earlier [22]. The protocol was
- based on the MaxDiscovery In Cell ELISA kit (Bio Scientific, Texas). SK-N-SH cells
- were seeded out in a 96-well plate (2.5×10^5 cells/ml). At 80% confluence, cells were
- pre-treated with PWE (25-200 μg/ml) 30 min before stimulation with IL-1β (10 U/ml)
- for 24 h. At the end of stimulation, cells were washed with 100 μl PBS, fixed and
- permeabilised. Primary antibodies (rabbit anti-BACE-1 or rabbit anti-Aβ) were diluted
- 1:100 and added to each sample well and incubated at room temperature for 1 h.
- This was followed by incubation with HRP-conjugated anti-rabbit IgG antibody at
- room temperature for 1 h. TMB solution was added, followed by stop solution and
- the plate read at 450 nm using a Tecan F50 microplate reader. GAPDH was used as
- internal control.

117

93

103

Determination of cell viability

- Viability of SK-N-SH cells treated with IL-1β (10 U/ml) in the presence or absence of
- PWE (25-200 μg/ml) was measured by 3-(4, 5-dimethylthiazol-2-yl)-2, 5-
- diphenyltetrazolium bromide (MTT) assay. Cells were seeded in 96-well plates (2 ×
- 121 10⁵ cells/ml) and incubated for 48 h. Thereafter, cells were pre-treated with PWE
- 122 (25-200 μg/ml) prior to stimulation with IL-1β (10 U/ml). Twenty-four hours after
- stimulation, culture medium was replaced with MTT solution (5 mg/ml) and incubated

124	for 4 h at 37 ℃ in 5% CO ₂ . Thereafter 150 μl of MTT solution was replaced with
125	DMSO and mixed thoroughly on a plate shaker and read at 540 nm.
126	Cell viability was also measured using the Lactate dehydrogenase (LDH) assay [23].
127	LDH is a cytosolic enzyme that is an indicator of cellular toxicity. When the plasma
128	membrane is damaged, LDH is released into cell culture media. Cells were seeded
129	in 96-well plates (2 \times 10 ⁵ cells/ml) and incubated for 48 h. Thereafter, cells were pre-

- treated with PWE (25-200 μg/ml) prior to stimulation with IL-1β (10 U/ml). Cells were 130
- then lysed and supernatants collected for LDH assay. LDH levels in supernatants 131
- were determined using the CytoTox 96® non-radioactive cytotoxicity assay kit 132
- (Promega, Southampton). 133

Statistical analysis

- Values of all experiments were represented as mean ±SEM of at least 135
- 3 experiments. Values were compared using t-test (two groups) or one-way ANOVA 136
- with post-hoc Student Newman-Keuls test (multiple comparisons). Levels of 137
- significance were set at *p < 0.05, **p<0.01, ***p<0.001. 138

Results

129

134

139

- PWE reduced PGE₂ production by inhibiting cyclooxygenase-2 (COX-2) protein 140
- expression in IL-1β-activated SK-N-SH cells. 141
- In the presence of IL-1β (10 U/ml), there was a marked increase (***p<0.01) in PGE₂ 142
- production in supernatants of SK-N-SH cells, when compared to unstimulated cells. 143
- However, treatment with PWE (25-200 µg/ml) for 30 min prior to stimulation with IL-144
- 1β resulted in significant reduction (***p<0.001) in PGE₂ production, in comparison 145
- with IL-1β control (Fig. 1). PGE₂ is synthesised through the enzymatic activity of 146
- COX-2. Consequently, we sought to determine whether the effect of PWE on PGE₂ 147
- was mediated through inhibition of the activities of this enzyme. Interestingly, 148
- experiments showed that PWE (25-200 μg/ml) produced significant reduction 149
- 150 (***p<0.001) in COX-2 protein levels in IL-1β-stimulated SK-N-SH cells (Fig. 2).
- PWE inhibited NF-κB dependent reporter gene expression in TNFα activated 151
- HEK293 cells. 152

153	In order to determine the effect of PWE on the transactivation of NF-κB, a luciferase
154	reporter gene assay was carried out. We observed that stimulation of transfected
155	cells with TNF α (1 ng/ml) resulted in activation of the NF- κ B-driven luciferase
156	expression (Fig. 3). Pre-incubation with PWE (25 $\mu g/ml$) did not affect luciferase
157	expression. However, pre-treatment with 50, 100 and 200 $\mu\text{g/ml}$ of PWE resulted in
158	significant (p<0.01) and concentration-dependent inhibition of NF-κB-driven
159	luciferase expression, demonstrating that PWE suppresses NF-κB-dependent gene
160	expression in general.
161	PWE inhibited IL-1 β dependent I κ B and IKK phosphorylation in SK-N-SH cells.
162	Based on our observation that PWE inhibited NF-κB-mediated gene expression in
163	general, we sought to investigate its effect on IKK and $I\kappa B$ phosphorylation following
164	stimulation with IL-1 β (10 U/ml). Using a sandwich ELISA kit, we observed that IL-1 β
165	treatment resulted in phosphorylation of IKK and $I\kappa B$ in IL-1 $\!\beta$ treated cells, compared
166	with unstimulated cells. These were significantly inhibited by pre-treatment with 50,
167	100 and 200 $\mu g/ml$ of PWE (Fig. 4 and 5).
168	Pre-treatment of SK-N-SH cells with PWE resulted in inhibition of BACE-1 and
169	Aβ proteins
170	Exposure of the cells to IL-1 β resulted in a marked increase in both BACE-1 and A β
171	proteins (Fig. 6 and 7). However, pre-treatment with PWE (50,100 and 200 $\mu g/ml$)
172	significantly reduced the levels of BACE-1 and Aβ proteins.
173	PWE did not affect the viability of SK-N-SH cells
174	In order to show that PWE did not affect viability of SK-N-SH cells at concentrations
175	used in this experiment, an MTT assay was performed. Results showed that
176	treatment with PWE (25-200 $\mu g/ml$) did not have significant effect on the viability of
177	the cells (Fig. 8a). LDH assay also showed that concentrations of PWE used for
178	pharmacological investigations did not affect viability (Fig. 8b). These results suggest
179	that the observed effects of PWE were not due to cytotoxicity as a result of
180	decreased live cells.

Discussion

181

Studies on the role of neuroinflammation in AD have focused mainly on the activity of 182 the microglia. However, studies have shown that inflammation in neurons also 183 contribute to the self-perpetuating processes leading to neuronal loss. For example, 184 studies have shown that PGE₂ is able to stimulate Aβ production in SH-SY5Y cells 185 [6]. Furthermore, IL-18 has been shown to increase BACE-1 expression in 186 differentiated SH-SY5Y cells [24]. We therefore investigated whether pomegranate 187 could affect IL-1β-induced PGE₂ production, as well as BACE-1 and Aβ production in 188 SK-N-SH cells. 189 190 Studies have shown that elevated levels of COX-2 and its metabolic product PGE₂ was observed in AD brains, while COX-2 inhibitors markedly reduce the risk of AD 191 [25]. Recent in vivo studies also show that long term treatment of APP transgenic 192 mice with NSAIDs significantly diminished inflammatory factors and its dependant AB 193 194 deposition [2626]. Our results show that pomegranate significantly inhibited COX-2mediated PGE₂ production in IL-1β-stimulated SK-N-SH cells, suggesting that 195 196 pomegranate could reduce the toxic effects of PGE₂ overproduction in neurons. NF-κB plays a crucial role in regulating the transcription of a wide variety of genes 197 and during neuroinflammation and neurodegeneration. In the cytoplasm NF-κB is 198 coupled with IkB, an inhibitory protein which stays inactive. On activation, IkB 199 undergoes phosphorylation by IKK, resulting in the liberation of NF-κB. This free 200 NF-κB translocates into the nucleus and binds to the promoter region of respective 201 genes such as COX-2. Furthermore, NF-κB activation has been shown to control the 202 transcription of the BACE-1 and APP genes in neurons [13]. To investigate the effect 203 of pomegranate on NF-κB-mediated gene expression in general, a reporter gene 204 assay was carried out. Results show that pomegranate significantly inhibited NF-κB-205 driven luciferase expression in TNF α stimulated HEK293 cells, suggesting that this 206 compound is able to attenuate NF-kB mediated gene expression. To gain a better 207 understanding on the modulatory action of pomegranate on NF-κB signalling 208 pathway we studied its activity on upstream protein targets. Results show that 209 pomegranate blocked phosphorylation of IkB and IKK in SK-N-SH neuronal cells 210 stimulated with IL-1\beta; this outcome might suggest that pomegranate acts through 211 interference with NF-κB pathway in neurons. These results were consistent with the 212 outcome of studies conducted by Romier-Crouzet et al in human intestinal cells. 213

They reported that polyphenolic aqueous extract of pomegranate significantly 214 suppressed NF-κB mediated NO, PGE₂, IL-8 production in IL-1β activated Caco-2 215 cells [27]. Our results also reflect the results of studies conducted by Ahmed et al 216 where it was shown that pomegranate inhibited NF-κB in IL-1β-activated human 217 chondrocytes [28]. 218 In AD brains, A β is generated through proteolysis of APP by β -secretase enzymes. 219 Several studies have identified BACE-1 as an important β-secretase enzyme which 220 effectively cleaves membrane bound APP [29]. In vivo studies in transgenic mice 221 have also revealed that BACE-1 is highly involved in Aß plaque formation, and 222 employing BACE-1 blockers has completely reversed Aβ production [30]. As BACE-1 223 transcription has been shown to be controlled by NF-κB [13], and since we have 224 shown that pomegranate inhibits NF-κB signalling in SK-N-SH cells, we investigated 225 whether pomegranate would block BACE-1 protein in IL-1β-stimulated SK-N-SH 226 cells. Expectedly, IL-1ß induced marked increase in BACE-1 expression in these 227 228 cells and this increase was significantly blocked with pomegranate pre-treatment. Interestingly, pomegranate also inhibited Aß protein induced by IL-1ß, suggesting 229 230 that its effect is probably mediated through the observed interference with BACE-1 enzymatic activity. 231 These in vitro evidence of the potential nutritional benefits of pomegranate in AD 232 does not prove bioavailability or in vivo biological activity of pomegranate 233 polyphenols following oral intake in humans. However, bioavailability studies have 234 shown that bioactive polyphenols in pomegranate are absorbed from the 235 236 gastrointestinal tract. Lei et al. reported that punicalagin and ellagic acid reached a plasma concentration of 30 µg/ml and 213 ng/ml, respectively following oral 237 238 administration in rats [31]. A study in rabbits reported that pomegranate constituents become bioavailable 2 hours after oral ingestion of concentrated pomegranate 239 extract, ellagic acid reaching a plasma value of 247 ng/ml [32]. In a human study, 240 Seeram et al. administered 180 ml of pomegranate juice containing 25 mg ellagic 241 acid and 318 mg ellagitanins to a human subject. Results of this study showed that 242 ellagic acid was detected in human plasma at a concentration of 31.9 ng/ml 1 hour 243 244 after ingestion [33]. Furthermore, ellagitannins in pomegranate have been shown to be metabolised by gut bacteria into urolithins that readily enter systemic circulation. 245 These metabolites appeared in human systemic circulation within a few hours of 246

247 248	24 and 48 hours [34].
249	To provide benefits in CNS diseases like AD, pomegranate polyphenols must
250	permeate the blood-brain barrier (BBB). It is not yet clear if biologically-active levels
251	of these compounds could be detected in the CNS following oral administration.
252	However, a study by Farbood et al [35] showed that oral administration of 100 mg/kg
253	ellagic acid for seven days prevented cognitive and long-term potentiation deficits in
254	rats. The outcome of this study suggests that ellagic acid permeated the BBB to act
255	in the CNS.
256	Our study did not establish if the concentrations of pomegranate used in the
257	experiments contain quantities of ellagic acid and ellagitannins which reflect levels
258	which have been detected in plasma. However, we can conclude that bioactive
259	polyphenols in pomegranate could be absorbed from the gastrointestinal tract.
260	In conclusion, we have provided further data showing that pomegranate inhibits
261	induced inflammation in SK-N-SH cells. It appears that the effects of pomegranate
262	on inflammatory processes in SK-N-SH cells results in a reduction of BACE-1 and
263	the neurotoxic Aβ. We propose that pomegranate is a potential nutritional strategy in
264	slowing the progression of neuroinflammatory diseases such as AD, possibly
265	through its anti-inflammatory effect. Further pharmacokinetic studies in animals and
266	humans are needed to confirm whether pomegranate polyphenols permeate the
267	BBB and reach biologically-active levels in the brain.
268	Acknowledgement
269	This study was carried out in part with funding by the Alexander von Humboldt
270	Foundation to Dr Olumayokun Olajide. We wish to thank Mr Oluwatodimu Sam-
271	Dahunsi for assisting with freeze-drying of pomegranate juice.
272	Conflict of interest

On behalf of all authors, the corresponding author states that there is no conflict of

273

274

interest.

11

References

- 1. Blennow K, de Leon MJ, Zetterberg H (2006) Alzheimer's disease. Lancet 368:387-403.
- 2. Castellani RK, Rolston RK, Smith MA (2010) Alzheimer disease. Dis Mon 56:484-546.
- 3. Selkoe DJ (2001) Alzheimer's disease. Genes, proteins, and therapy. Physiol Rev 81:741-766.
- 4. Messmer K, Reynolds GP (2005) An *in vitro* model of inflammatory neurodegeneration and its neuroprotection. Neurosci Lett 388:39-44.
- 5. Chen CH, Zhou W, Liu S, Deng Y, Cai F, Tone M, Tone Y, Tong Y, Song W (2012) Increased NF-κB signalling up-regulates BACE1 expression and its therapeutic potential in Alzheimer's disease. Int J Neuropsychopharmacol 15:77-90.
- 6. HoshinoT, Nakaya T, Homan T, Tanaka K, Sugimoto Y, Araki W, Narita M, Narumiya S, Suzuki T, Mizushima T (2007). Involvement of prostaglandin E₂ in production of amyloid-peptides both *in vitro* and *in vivo*. J Biol Chem 282:32676-32688.
- 7. Yasojima K, Schwab C, McGeer EG, McGeer PL (1999) Distribution of cyclooxygenase-1 and cyclooxygenase-2 mRNAs and proteins in human brain and peripheral organs. Brain Res 830:226-236.
- 8. Montine TJ, Sidell KR, Crews BC, Markesbery WR, Marnett LJ, Roberts LJ 2nd, Morrow JD (1999) Elevated CSF prostaglandin E₂ levels in patients with probable AD. Neurology 53:1495-1498.
- 9. Paris D, Patel N, Quadros A, Linan M, Bakshi P, Ait-Ghezala G, Mullan M (2007). Inhibition of Abeta production by NF-kappaB inhibitors. Neurosci Lett 415:11-16.
- 10. Bales KR, Du Y, Dodel RC, Yan GM, Hamilton-Byrd E, Paul SM (1998) The NF-kappaB/Rel family of proteins mediates Abeta-induced neurotoxicity and glial activation. Brain Res Mol Brain Res 57:63-72.
- 11. Marwarha G, Raza S, Meiers C, Ghribi O (2014) Leptin attenuates BACE1 expression and amyloid-β genesis via the activation of SIRT1 signaling pathway. Biochim Biophys Acta 1842:1587-1595.
- 12. Bourne KZ, Ferrari DC, Lange-Dohna C, Rossner S, Wood TG, Perez-Polo JR (2007) Differential regulation of BACE1 promoter activity by NFB in neurons and glia upon exposure to Ab peptides. J Neurosci Res 85:1194-1204.

- 13. Buggia-Prevot V, Sevalle J, Rossner S, Checler F (2008) NFkappaB-dependent control of BACE1 promoter transactivation by Abeta42. J Biol Chem 283:10037-10047.
- 14. Guglielmotto M, Aragno M, Tamagno E, Vercellinatto I, Visentin S, Medana C, Catalano MG, Smith MA, Perry G, Danni O, Boccuzzi G, Tabaton M (2012)

 AGEs/RAGE complex upregulates BACE1 via NF-κB pathway activation. Neurobiol Aging 33:196.e13-27.
- 15. Camandola S, Poli G, Mattson MP (2000) The lipid peroxidation product 4-hydroxy-2, 3-nonenal inhibits constitutive and inducible activity of nuclear factor kappa B in neurons. Brain Res Mol Brain Res 85:53-60.
- 16. Lee SI, Kim BS, Kim KS, Lee S, Shin KS, Lim JS (2008) Immunosuppressive activity of punical agin via inhibition of NFAT activation. Biochem Biophys Res Commun 371:799-803.
- 17. Romier, B., Van De Walle J, During A, Larondelle Y, Schneider YJ (2008)

 Modulation of signalling nuclear factor-kappaB activation pathway by polyphenols in human intestinal Caco-2 cells. Br J Nutr 100:542-551.
- 18. Oucharif, A., Khalki H, Chaib S, Mountassir M, Aboufatima R, Farouk L, Benharraf A, Chait A (2012) Comparative study of the anti-inflammatory and antinociceptive effects of two varieties of *Punica granatum*. Pharm Biol 50:429-438.
- 19. Lee CJ, Chen LG, Liang WL, Wang CC (2010) Anti-inflammatory effects of *Punica granatum* Linne *in vitro* and *in vivo*. Food Chem 118:315-322.
- 20. Olajide OA, Kumar A, Velagapudi R, Okorji U, Fiebich BL (2014) Punicalagin inhibits neuroinflammation in LPS-activated rat primary microglia. Mol Nutr Food Res 58:1843-1851.
- 21. Seeram NP, Lee R, Hardy ML, Heber D (2005) Large scale purification of ellagitannins from pomegranate husk, a by-product of the commercial juice industry. Sep Purif Tech 41:49-55.
- 22. Olajide OA, Velagapudi R, Okorji U, Sarker S, Fiebich BL (2014) *Picralima nitida* seeds suppress PGE2 production by interfering with multiple signalling pathways in IL-1β-stimulated SK-N-SH neuronal cells. J Ethnopharmacol 152: 377-383.
- 23. Decker T, Lohmann-Matthes ML (1988) A quick and simple method for the quantitation of lactate dehydrogenase release in measurements of cellular

- cytotoxicity and tumor necrosis factor (TNF) activity. J Immunol Methods. 115: 61-69.
- 24. Sutinen EM, Pirttilä T, Anderson G, Salminen A, Ojala JO (2012) Pro-inflammatory interleukin-18 increases Alzheimer's disease-associated amyloid-β production in human neuron-like cells. J Neuroinflammation 9:199.
- 25. Pasinetti GM, Aisen PS (1998) Cyclooxygenase-2 expression is increased in frontal cortex of Alzheimer's disease brain. Neuroscience 87:319-324.
- 26. Lim GP, Yang F, Chu T, Chen P, Beech W, Teter B, Tran T, Ubeda O, Ashe KH, Frautschy SA, Cole GM (2000) Ibuprofen suppresses plaque pathology and inflammation in a mouse model for Alzheimer's disease. J Neurosci. 20:5709-5714.
- 27. Romier-Crouzet B, Van De Walle J, During A, Joly A, Rousseau C, Henry O, Larondelle Y, Schneider YJ (2009) Inhibition of inflammatory mediators by polyphenolic plant extracts in human intestinal Caco-2 cells. Food Chem Toxicol 47:1221-1230.
- 28. Ahmed S, Wang N, Hafeez BB, Cheruvu VK, Haqqi TM (2005) *Punica granatum* L. extract inhibits IL-1beta-induced expression of matrix metalloproteinases by inhibiting the activation of MAP kinases and NF-kappa B in human chondrocytes in vitro. J Nutr 135:2096-2102.
- 29. Sinha S, Anderson JP, Barbour R, Basi GS, Caccavello R, Davis D, Doan M, Dovey HF, Frigon N, Hong J, Jacobson-Croak K, Jewett N, Keim P, Knops J, Lieberburg I, Power M, Tan H, Tatsuno G, Tung J, Schenk D, Seubert P, Suomensaari SM, Wang S, Walker D, Zhao J, McConlogue L, John V (1999) Purification and cloning of amyloid precursor protein beta-secretase from human brain. Nature 402:537-540.
- 30. Luo Y., Bolon B, Kahn S, Bennett BD, Babu-Khan S, Denis P, Fan W, Kha H, Zhang J, Gong Y, Martin L, Louis JC, Yan Q, Richards WG, Citron M, Vassar R. (2001). Mice deficient in BACE1, the Alzheimer's beta-secretase, have normal phenotype and abolished beta-amyloid generation. Nat Neurosci 4:231-232.
- 31. Lei F, Xing DM, Xiang L, Zhao YN, Wang W, Zhang LJ, Du LJ. (2003) Pharmacokinetic study of ellagic acid in rat after oral administration of pomegranate leaf extract.
- 32. Shukla M, Gupta K, Rasheed Z, Khan KA, Haqqi TM. (2008) Bioavailable constituents/metabolites of pomegranate (*Punica granatum* L) preferentially inhibit

- COX2 activity *ex vivo* and IL-1beta-induced PGE2 production in human chondrocytes *in vitro*. J Inflamm (Lond) 5:9.
- 33. Seeram NP, Lee R, Heber D. (2004) Bioavailability of ellagic acid in human plasma after consumption of ellagitannins from pomegranate (*Punica granatum* L.) juice. Clin Chim Acta. 348: 63-68.
- 34. Bialonska D, Kasimsetty SG, Khan SI, Ferreira D. (2009) Urolithins, intestinal microbial metabolites of Pomegranate ellagitannins, exhibit potent antioxidant activity in a cell-based assay. J Agric Food Chem. 57: 10181-10186.
- 35. Farbood Y, Sarkaki A, Dianat M, Khodadadi A, Haddad MK, Mashhadizadeh S. (2015) Ellagic acid prevents cognitive and hippocampal long-term potentiation deficits and brain inflammation in rat with traumatic brain injury. Life Sci. 124:120-127.

Figure legends

Figure 1

PWE reduced PGE₂ production in IL-1β-stimulated SK-N-SH cells. Cells were stimulated with IL-1β (10 U/ml) in the presence or absence of PWE (25-200 μ g/ml) pre-incubated for 30 min. After 24 h, supernatants were collected for PGE₂ measurement. All values are expressed as mean±SEM for 3 independent experiments. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, *p < 0.05, **p<0.01, ***p<0.001 in comparison with IL-1β control.

Figure 2

PWE inhibited COX-2 protein expression in IL-1β-stimulated SK-N-SH cells. Cells were stimulated with IL-1β (10 U/ml) in the presence or absence of PWE (25-200 μ g/ml) pre-incubated for 30 min. After 24 h, COX-2 protein expression was determined using PathScan[®] sandwich ELISA. All values are expressed as mean±SEM for at least 3 independent experiments. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, *p < 0.05, **p<0.01, ***p<0.001 in comparison with IL-1β control.

Figure 3

TNF α -induced NF- κ B-dependent gene expression in HEK293 cells was inhibited by PWE. Transfected cells were incubated with different concentrations of PWE followed by stimulation with TNF α (1 ng/ml) for an additional 6 h. Luminescence was them measured. All values are expressed as mean±SEM for 3 independent experiments performed in triplicates. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, *p < 0.05, **p<0.01, ***p<0.001 in comparison with TNF α control.

Figure 4

PWE inhibited IL-1β-induced IκB phosphorylation in SK-N-SH cells. Cells were stimulated with IL-1β (10 U/ml) in the presence or absence of PWE (25-200 μ g/ml) pre-treated for 30 min. After 5 min, p-IκBα protein expression was determined using PathScan® sandwich ELISA. All values are expressed as mean±SEM for 3 independent experiments. Optical densities were measured at 450 nm with a micro

plate reader. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, *p < 0.05, **p<0.01, ***p<0.001 in comparison with IL-1 β control.

Figure 5

PWE inhibited IL-1β-induced IKK phosphorylation in SK-N-SH cells. Cells were stimulated with IL-1β (10 U/ml) in the presence or absence of PWE (25-200 μ g/ml) for 5 min. At the end of incubation period, p-IKKα protein expression was determined using PathScan® sandwich ELISA. All values are expressed as mean±SEM for 3 independent experiments. Optical densities were measured at 450 nm with a micro plate reader. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, *p < 0.05, **p<0.01, ***p<0.001 in comparison with IL-1β control.

Figure 6

PWE inhibited IL-1β-induced BACE-1 in SK-N-SH cells. Cells were pre-treated with PWE (25-200 μg/ml) 30 min before stimulation with IL-1β (10 U/ml) for 24 h. At the end of stimulation, levels of BACE-1 were determined using MaxDiscovery In Cell ELISA kit. All values are expressed as mean±SEM for 3 independent experiments. Optical densities were measured at 450 nm with a micro plate reader. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, *p < 0.05, **p<0.01, ***p<0.001 in comparison with IL-1β control. GAPDH was used as internal control.

Figure 7

PWE attenuated IL-1β-induced Aβ production in SK-N-SH cells. Cells were pretreated with PWE (25-200 μ g/ml) 30 min before stimulation with IL-1β (10 U/ml) for 24 h. At the end of stimulation, Aβ production was determined using MaxDiscovery In Cell ELISA kit. All values are expressed as mean±SEM for 3 independent experiments. Optical densities were measured at 450 nm with a micro plate reader. Data were analysed using one-way ANOVA for multiple comparison with post-hoc Student Newman-Keuls test, *p < 0.05, **p<0.01, ***p<0.001 in comparison with IL-1β control. GAPDH was used as internal control.

Figure 8

Pre-treatment with PWE (25-200 μ g/ml) did not affect the viability of SK-N-SH cells stimulated with IL-1 β (10 U/ml). Cells were per-incubated for 30 min with PWE (25-200 μ g/ml) in the presence or absence of IL-1 β for 24 h. At the end of the incubation period, MTT and LDH assays were carried out on cells. All values are expressed as mean±SEM for 3 independent experiments.