

Appendix B: Stage II Supporting Documents

Contents of Appendix B folder

Document name	Format
Self help booklet: Anger	Microsoft Word document
Self help booklet: Low mood	Microsoft Word document
Self help booklet: Panic	Microsoft Word document
Additional documents <ul style="list-style-type: none">• Profile of Project workers• Summary of Project worker training• Guidelines for improving readability• Profile of Project workers• Project user assessment protocol• Rosenberg Self Esteem Scale• Change Project Questionnaire	Microsoft Word document
Telephone and internet resources for young people	pdf
Project user assessment protocol	pdf