Authenticity to Action Conference 2015

• Involve and Evolve
• 11 & 12 March 2015
• Preston
• (uclan International service user conference)
Christine Rhodes

- Head of Pre-registration Nursing
- Worked in Health Professional Education for 11 years
- Believe that service user and carer involvement in the education of health and social care professionals is important in preparing students for professional practice
The Critically Engaged Academic

Inspiring tomorrow’s professionals
Kolb’s reflective cycle

Concrete Experience
(doing / having an experience)

Active Experimentation
(planning / trying out what you have learned)

Reflective Observation
(reviewing / reflecting on the experience)

Abstract Conceptualisation
(concluding / learning from the experience)
Concrete Experience - Personal
Concrete Experience - Personal
Concrete Experience

Inspiring tomorrow’s professionals
Concrete Experience - Professional

Inspiring tomorrow's professionals
Reflective Observation

- Reflect on my own experiences, personal and professional and how this has influenced what I have done
- Made sense of why it is important to include ‘experts by experience’
- Credibility with service users and carers and students
Abstract Conceptualisation

- Appropriate engagement, giving of self
- Participatory approaches
- Humanistic, reflective and experiential learning (Freire, 2000)
- Critical social theory (Habermas, 1987, 1989)
- Deliberative democracy.
Active Experimentation

• What we learn starts process and new experiences, continuously evolving.
• Transformational
• Personal satisfaction, maintain interest and passion
• Encouragement to carry on
• Stand up for the cause
Participatory Approaches are Best Practice

Critical Social theory
Deliberative democracy
Liberation
Partnerships
Working with
• ‘Service user and carer involvement brings something that you cannot learn in a text book, that you cannot learn in a lecture, you learn from the person who has dealt with it day in day out, real people, with real situations in real life’ (Student).

• ‘Being involved helped me learn about myself, put things in perspective, gave me a sense of purpose and belonging, has enhanced my life and given me more than I could have ever imagined’ (Service user).
• Critical reflection and self-appraisal has raised my consciousness and enabled me to better understand why I have adopted the approaches I have in my work as an academic, practitioner and on a personal basis (Academic).
Conclusion

• Own Agency
• Authenticity
• Reality
• Lived Experience

• It is how we use this in what we do that can make the difference
Thank You