

# To determine the cytotoxicity of chlorambucil and one of its nitro-derivatives, conjugated to prasterone and pregnenolone, towards eight human cancer cell-lines.

Leroy A. Shervington,<sup>1\*</sup> Nigel Smith,<sup>2</sup> Emma Norman,<sup>3</sup> Timothy Ward<sup>2</sup>, Roger Phillips<sup>3</sup> and Amal Shervington<sup>1</sup>

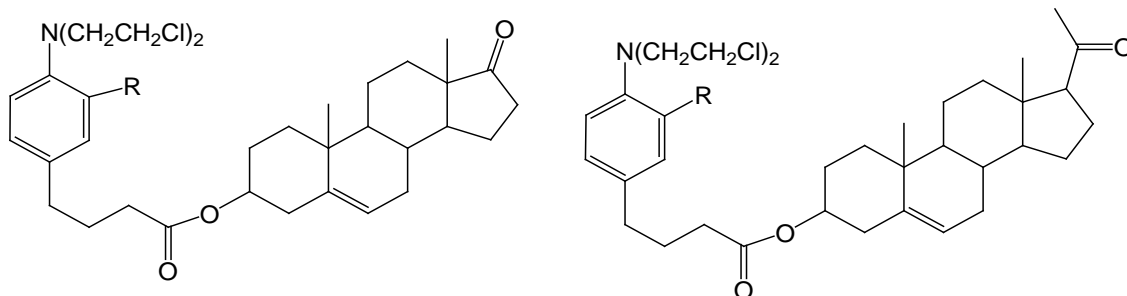
<sup>1</sup> School of Pharmacy and Pharmaceutical Sciences, University of Central Lancashire, Preston PR1 2HE, UK.

\*Corresponding authors email: [lashervington@uclan.ac.uk](mailto:lashervington@uclan.ac.uk). <sup>2</sup>Paterson Institute for Cancer Research, The University of Manchester, Manchester. <sup>3</sup>Cancer Research Unit, Tom Connors Cancer Centre, University of Bradford, Bradford.

## Abstract

Four ester prodrugs derived from the bifunctional alkylating agent chlorambucil, and one of its nitro-derivatives, 3-nitrochlorambucil conjugated to prasterone and pregnenolone, were synthesized and tested for their cytotoxic activity against eight human cell lines, using the standard MTT assay. A comparison between the esters and the controls, namely chlorambucil and 3-nitrochlorambucil would suggest that all four esters possess to varying degrees, specificity towards the breast adenocarcinoma cell line (MDA-mb468) than the other seven cells lines tested. The overall findings are encouraging since it infers that these lipophilic esters not only have the ability to traverse specific cell membranes but also exhibit cytotoxicity towards most of the cell lines tested.

## Graphical abstract



Prasterone and Pregnenolone esters (R = H or NO<sub>2</sub>)

**KEYWORDS :** Bifunctional alkylating agents; Cytotoxicity; Pregnenolone; Prasterone; Ester prodrugs; MTT assay.

## 1. Introduction

Chlorambucil, also known as 4-{4-[di(2-chloroethyl)amino]phenyl}butyric acid, was first synthesised in 1953. It is an aromatic nitrogen mustard and its cytotoxicity as a bifunctional alkylating agent is due to its ability to cross-link between the bases of DNA [1]. Chlorambucil is still used as one of the front-line drugs in the treatment of chronic lymphocytic leukaemia, malignant lymphomas and advanced ovarian and breast carcinomas. Clinical use of chlorambucil is however limited by its toxic side-effects [2,3]. At physiological pH chlorambucil is predominantly ionized [4] and therefore may not rely solely on passive diffusion [5,6] in order to traverse biological membranes and reach the targeted tumour cells. It is also known to bind to plasma constituents such as albumin which reduces its ability to effectively target tumour cells [7].

The aim of this study was to determine the cytotoxicity of four steroidal esters of prasterone and pregnenolone, linked to bifunctional alkylating agents, chlorambucil and its nitro-derivative, 3-nitrochlorambucil, against three breast adenocarcinoma cell lines, namely, the estrogen-positive breast adenocarcinoma (MDA MB468) the estrogen-negative breast adenocarcinoma (MCF7), and the transfected breast adenocarcinoma (MDA NQ01). In addition to these cell lines, the study was also carried out to investigate the cytotoxic effects of the esters on a broader spectrum of cell types, namely, colon adenocarcinoma (Widr), brain posteria fussa medullablastoma (Daoy), lung large cell carcinoma (H460), ovarian adenocarcinoma (OVCA-3) and skin malignant melanoma (A375). The presence of the strong withdrawing nitro-group, *ortho* to the N,N-bis(2-chloroethyl) moiety [8] should reduce the reactivity of alkylating moiety by limiting the formation of the highly reactive aziridine intermediate [9]. The masking of the ionisable carboxylic moiety of chlorambucil and the corresponding nitro-derivative, via an ester bridge to a steroidal moiety, should increase the overall lipophilicity of the nitrogen mustard and

possibly enhance the compounds ability to traverse cell membranes [10]. Furthermore, the steroidal moiety could possibly enhance the selectivity of the alkylating moiety by targeting tumour cells that have hormone receptors.

Prednimustine and Bestrabucil are two clinically available hormonal alkylating agents that were specifically designed to enhance selectivity of the chlorambucil moiety. Prednimustine, derived from the combination of chlorambucil and prednisolone linked via an ester bridge, was designed to mask the carboxylic acid and to selectively target tumour cells with specific hormone receptors [11]. It has proved to be effective in the management of a number of leukaemias and lymphomas [12,13]. Bestrabucil, the benzoate of the estradiol-chlorambucil conjugate, was initially developed as a target orientated anticancer agent for the therapy of estrogen receptor-positive breast cancer [14]. Research data supporting the targeting nature of this conjugate has shown that concentration of bestrabucil and some of its derivatives, accumulate 5-10 times higher in tumour tissue of the sensitive xenografts, than in blood and muscle tissue [15].

Although prasterone and pregnenolone (Figure 1), are known to be important steroidal intermediates in the biosynthesis of various hormones [16,17], relatively few studies have explored their potential as carriers. In addition, because there is growing interest in both prasterone and pregnenolone [18-26], it would be useful to explore the potential of these steroidal compounds linked to chlorambucil and the corresponding nitro-derivative, 3-nitrochlorambucil as potential carriers. The four esters in question (Table 1) were chlorambucil and the 3-nitrochlorambucil esters of prasterone (C1 and C2), and chlorambucil and the 3-nitrochlorambucil esters of pregnenolone (C3 and C4).

## **2. Chemistry**

The esters were prepared by treating chlorambucil separately with prasterone and pregnenolone in the presence of DCC and DMAP at room temperature in dichloromethane [27] (Scheme 1).

The nitro-derivatives were prepared in a similar manner after obtaining 3-nitrochlorambucil (C6) by treating chlorambucil at 0°C with nitronium tetrafluoroborate in acetonitrile [8]. The four esters were tested *in-vitro* for their cytotoxic effects against eight human cell lines using a growth inhibition assay. Chlorambucil (C5) and 3-nitrochlorambucil (C6) were used as controls in the investigation.

Prior to measuring the cytotoxic effect of the esters on the eight human cancer cell lines, measurements involving the determination of the partition coefficients, the hydrolyzing properties and the alkylating activities of these four esters together with chlorambucil and 3-nitrochlorambucil were carried out. The measured partition coefficients for the four esters were found to be greater than 8.00 and was compared with values obtained by the application of a computer aided program. The estimated partition coefficients for the four esters ranged from  $8.54 \pm 0.46$  to  $9.18 \pm 0.42$ , confirming the highly lipophilic nature of the esters. The partition coefficients of chlorambucil and 3-nitrochlorambucil were found to be  $3.80 \pm 0.30$  and  $3.70 \pm 0.35$ , respectively, and were in close agreement with the estimated values (Table 2). The measured partition coefficient of chlorambucil was also found to be in close agreement to previous studies [10]. The determined alkylating activity of 3-nitrochlorambucil ester of prasterone (C2) and 3-nitrochlorambucil ester of pregnenolone (C4) were significantly lower, presumably due to the electron withdrawing effect of the nitro-group attached ortho to the N,N-bis (2-chloroethyl) moiety reducing the activity of the alkylating moiety. In addition, the determined alkylating activity of the esters were much lower than that of the alkylating activity of chlorambucil and 3-nitrochlorambucil.

A similar phenomena was observed in earlier studies [10]. It was found that on increasing the complexity of chlorambucil esters by the addition of carbons, a sharp decrease in their alkylating activity resulted. Interestingly, there was a rough correlation between the alkylating activity and

the cytotoxicity of the compounds with a number of the cell lines tested.

### 3. Pharmacology and Pharmacokinetics

A HPLC method was developed to monitor the hydrolysis of the esters and to confirm the esters possible role as prodrugs. On storing both the prasterone and pregnenolone derivatives of the nitrochlorambucil at 37°C in phosphate buffer saline (pH 7.4) over a period of forty five days in sealed sample bottles resulted in 46% and 48% degradation, respectively, of these esters. Interestingly, it has been reported that the half-life of chlorambucil in PBS is approximately 60 minutes, with the formation of the dihydroxy derivative 4-{4-[di(2-hydroxyethyl)amino]phenyl}butyric acid. Fortunately, this degradation is not observed in either blood or plasma [28]. It was found that on incubating separately, all four esters at 37°C in the presence of porcine liver esterase, the rate of hydrolysis ranged from 24-37% and 83-94%, over a 2 h and a 24 h period, respectively. Grieg *et.al.* reported the hydrolysis of various chlorambucil ester derivatives using non-specific plasma esterases measured *in-vivo*, using rat plasma, resulted in rapid cleavage ranging from less than 10 seconds to 5 minutes, depending on the size of the ester [10]. However, Grieg *et.al.* also determined the rate of hydrolysis of chlorambucil-tertiary butyl ester in freshly prepared rat liver and blood, and found that this ester was relatively stable with half-lives of approximately 2h and 7h, respectively [29]. This phenomena was attributed to the steric hindrance of the tertiary butyl group. Interestingly, the esters in this study have similar stereochemistry's to the chlorambucil tertiary butyl esters, and after incubating them in fresh human plasma over a period 24h, the percent of prasterone and pregnenolone derivatives that had hydrolysed ranged from 51-55 and 37-39%, respectively.

The chlorambucil ester of prasterone (C1) showed activity against all the cell-lines with the exception of (Widr). The highest activity for this ester was against (MDA-mb468) with an IC<sub>50</sub>

of 5.48 $\mu$ M. The 3-nitrochlorambucil ester of prasterone (C2) was only cytotoxic against (MDA-mb468) and the transfected (MDA-NQO1) cell line, with IC<sub>50</sub>'s of 7.25 and 10.60 $\mu$ M, respectively. The chlorambucil ester of pregnenolone (C3) was cytotoxic to varying degrees against all of the cell-lines, the least being the MCF-7 cell line which expresses estrogen and progesterone receptors [30], however, it was most active against MDA-mb468 cell line with an IC<sub>50</sub> of 10.26  $\mu$ M. The 3-nitrochlorambucil ester of pregnenolone (C4) was cytotoxic against (MDA-mb468), the transfected (MDA NQO1) and the (MCF-7) cell-lines, with IC<sub>50</sub>'s of 19.34, 32.56 and 68.30  $\mu$ M, respectively. Both chlorambucil and 3-nitrochlorambucil were used as controls in the study involving the eight cell-lines, and afforded IC<sub>50</sub>'s ranging from 0.65-7.13  $\mu$ M and 1.16-13.04  $\mu$ M, respectively. The effect of the nitro-group was clearly evident when comparing the cytotoxicity of chlorambucil (C5) and 3-nitrochlorambucil (C6), where the reduced activity of 3-nitrochlorambucil was attributed to the effect of the nitro-group *ortho* to N,N-bis(2-chloroethyl) moiety and closely correlated with the *in-vitro* determination of the alkylating activity using *p*-nitrobenzyl pyridine. As a control measure, the cytotoxicity of both prasterone and pregnenolone were also carried out on the cell lines and were found to be non-cytotoxic at concentrations below 100  $\mu$ M. The IC<sub>50</sub> data can be found in Table 3.

#### **4. Results and Discussion**

A number of interesting findings were obtained from investigating the activity of the compounds against the tested cell lines. The most significant finding involved the breast adenocarcinoma (MDA mb468) cell line, where all the compounds exhibited cytotoxic activity ranging from 0.65  $\mu$ M to 19.34  $\mu$ M. The reason for using the transfected breast adenocarcinoma (MDA-NQO1) cell line was to assess the possible bioreductive potential of the nitro-compounds, since the added flavoenzyme NAD(P)H: quinone oxidoreductase (DT-diaphorase), via an oxygen independent pathway [31], catalyzes two-electron reduction of quinones and nitro-compounds to

hydroquinones and nitroso compounds, respectively [32]. In addition, there is an over expression of DT-diaphorase throughout many tumor tissues [33,34] and its activity and gene expression have been found to be up regulated in comparison to tissue levels in lung, colon, liver and breast tumors [35,36]. DT-diaphorase is therefore an attractive target for the development of bioreductively activated chemotherapeutic agents [37]. Furthermore, DT-diaphorase is also capable of detoxifying certain potentially carcinogenic xenobiotics [38]. However, the determined cytotoxicity of the tested compounds were found to be between 1.5 to 2 fold greater in the (MDA-mb468) compared to the (MDA-NQO1) cell line. These results did not therefore provide conclusive evidence that the esters (C2 and C4) were reduced to the corresponding nitroso or hydroxylamine derivatives but may suggest that the transfected cell line exhibits greater resistance by possibly detoxifying the compounds via the DT-diaphorase dependent pathway, whereas, the (MDA-mb468) cell line, possessing no functional diaphorase, is less resistant. The esters were tested for their cytotoxicity against the breast adenocarcinoma (MCF-7) cell line in order to confirm whether they displayed any specificity against estrogen dependent cell lines. However, mild cytotoxicity was only observed with esters (C1, C3 and C4), affording  $IC_{50}$ 's of 72.5, 90 and 68.3  $\mu$ M, respectively. The determined  $IC_{50}$ 's for chlorambucil and nitrochlorambucil were 4.5 and 23  $\mu$ M, respectively and would therefore imply that esters (C1, C3 and C4) do not exhibit any significant specificity for the estrogen dependent cell line.

A comparison between the  $IC_{50}$  data obtained for prasterone and pregnenolone esters, would suggest that prasterone esters are in general, more cytotoxic and the data roughly correlates with that obtained for their alkylating activity. Furthermore, due to the presence of the nitro-group in esters (C2 and C4), the determined alkylating activity was significantly reduced compared to esters (C1 and C3) which roughly correlated with the activity obtained for these esters in all but two of the cell lines tested. Generally, when a strong electron withdrawing group such as a nitro

group is attached *ortho* to the N,N-bis (2-chloroethyl) moiety, the potential to alkylate is reduced. This phenomena is observed when comparing compounds C1 with C2, C3 with C4, C5 with C6, in addition to C1 with C4 and C2 with C3. However, there is no correlation, as one would expect, between the magnitude of alkylation and the degree of cytotoxicity in the cell lines tested.

## 5. Conclusion

The findings are encouraging because the four esters possess, to varying degrees, some specificity towards the breast adenocarcinoma cell line (MDA mb468), with chlorambucil esters of prasterone (C1 and C2) displaying higher activity. However the chlorambucil ester of prasterone (C1) and the nitrochlorambucil ester of pregnenolone (C3) also exhibited relatively significant cytotoxic activity towards brain posteria fussa, medullablastoma (Daoy) and lung large cell carcinoma (H460) cell lines. An additional advantage of linking chlorambucil and its nitro-derivative to prasterone and pregnenolone is that the resulting esters exhibit increased lipophilic properties, which should thus increase their ability to traverse blood-tissue barriers. However, this must be balanced by their ability to be cleaved at some point in order to avoid possible accumulation within the cell membrane and thus be prevented from entering the cytosol. From the results, one can conclude that the esters did not show improved cytotoxicity towards the cell lines tested, compared to the parent drugs, in fact, it was not the intention to develop compounds with greater activity but compounds that possess cytotoxicity similar to or close to the parent drugs, with the aim of being more selective, and less damaging to the cells and tissues. A comparison between the activity of the esters and the parent drugs, does however, require some degree of caution, since it is inconclusive as to whether the difference in activity was due to intrinsic properties of the esters or whether it was attributed to the partial or complete bioconversion of the esters into the active parent drugs. It would certainly be of interest to



determine the precise mode of action of these esters in order to confirm whether or not they truly function as prodrugs. The esters may also be subject to efflux by P-glycoproteins or by ABC transporters, thus limiting their bioavailability [39-42]. It would be of interest to investigate the cytotoxicities of these esters in cells that over-express P-glycoproteins, initially targeting the breast adenocarcinoma cell line (MCF-7) using matched controls and an MCF-7 cell line that over-expresses P-glycoprotein. Studies are now underway in order to answer some of these questions.

## **6. Experimental Section**

### **6.1. Materials**

The IR spectra for the compounds were recorded as either a chloroform solution or as an oil using a Genesis FTIR spectrometer; <sup>1</sup>H NMR were recorded in deuterated chloroform using a Bruker drx500 (500 MHz), a amx360 (360 MHz), and a Avance dpx300 (300 MHz) instrument. Tetramethylsilane was used as internal standard, and *J* values are given in Hz. <sup>13</sup>C NMR spectra were recorded using the listed NMR spectrometers at 125.77, 90.55 and 75.47 MHz, respectively. Mass spectra were recorded on a VG ZAB 2SE high resolution mass spectrometer, with Opus V3.1 and DEC 3000 Alpha Station and microanalysis were recorded on a LEEMANS C E440 Elemental Analyzer. Reactions were monitored, whenever possible by TLC on silica gel plates (G<sub>254</sub>) and column chromatography was performed using C60 silica gel (35-70 μm). Samples were centrifuged using a Sanyo MSE Microcentaur and esters were incubated (hydrolysed) in a Memmert UM200 incubator.

Three HPLC systems were used at various stages of the investigation - GBC LC 1110 HPLC pump connected with a 20 μl loop, a GBC LC 1210 UV/VIS detector and a Hewlett Packard HP3395 integrator. The second system involved the use of a Varian Vista Series 5000 LC pump connected to a 20 μl loop, a Waters 486 UV/VIS detector and a Hewlett Packard HP3395

integrator. The third system involved the use a Gilson 305 pump, connected to a 20  $\mu$ l loop, a Dionex UVD 340S diode array detector controlled by a Dell Optiplex GX1 computer equipped with Chromeleon (version 6.10). The unit was connected to a Hewlett Packard DeskJet 890C printer.

Chemicals: dichloromethane, tertiary butanol, N,N-dicyclohexylcarbodiimide, 4-dimethylaminopyridine, nitronium tetrafluoroborate, sodium acetate, chlorambucil, isopropanol, n-octanol, HPLC grade acetonitrile, sodium chloride, potassium dihydrogen phosphate, disodium hydrogen phosphate potassium chloride, porcine liver esterase, suspended in 3.2M ammonium sulphate. (340  $\mu$ l equivalent to 16.5mg of protein), absolute ethanol and water were all purchased from Sigma. Ethyl acetate, C60 silica gel, light petroleum ether (40-60), ethanol (96%), deuterated chloroform and acetone (analar) were purchased from Merck. Pregnenolone and prasterone were purchased from Acros Organics. 4-(4-nitrobenzyl) pyridine and 3-amino-1-propanol were purchased from Lancaster Research Chemicals. The media used for the tissue culture was RPMI 1460 supplemented with 2 mM L-glutamine and 10% foetal bovine serum. The RPMI and L-glutamine were purchased from Sigma while the foetal bovine serum was purchased from PAA Laboratories.

### **6.1.1. Methods**

### **6.1.2. Cell lines used in the investigation**

The ATCC human cell lines used in the study were cultured at The Patersons Institute For Cancer Research, Manchester, UK and The Cancer Research Council Unit, Bradford, UK. The cell lines used were : colon adenocarcinoma (Widr); brain posteria fussa medullablastoma (Daoy); breast adenocarcinoma (MDA-mb468); breast adenocarcinoma cell line (MDA NQO1)

transfected with flavoenzyme NAD(P)H : quinone oxidoreductase (DT-diaphorase); breast adenocarcinoma (MCF-7); lung large cell carcinoma (H460); ovarian adenocarcinoma (OVCA-3) and skin malignant melanoma (A375).

### 6.1.3. General procedures for the synthesis of compounds C1, C2, C3, C4 and C6

#### 6.1.4. Synthesis of 4-{4-[di (2-chloroethyl)amino]-3-nitrophenyl}butanoic acid (C6)

A solution of nitronium tetrafluoroborate (2.0 g, 15.64 mM) in acetonitrile (60 ml) was stirred at 0°C under argon, and after 15 minutes chlorambucil (4.0 g, 13.16 mM) in acetonitrile (60 ml) was added dropwise over a period of 10 minutes. After being stirred for an additional 40 minutes at 0°C, the reaction mixture was stirred at room temperature for 1 hour and then poured into an excess of water (150 ml). The organic material was extracted with dichloromethane (3 x 60ml), washed with water (3 x 60ml) and dried over anhydrous sodium sulphate. The sodium sulphate was removed by filtration and the dichloromethane was removed by evaporation under reduced pressure to afford the crude product which was chromatographed on a column of silica gel with ethyl acetate-light petroleum (2:1) as eluent to give the 3-nitrochlorambucil as a dark orange oil (2.51g, 55%). (Found: C, 47.9; H, 5.40; N, 8.20; Cl, 20.20%.  $C_{14}H_{18}Cl_2N_2O_4$  requires C, 48.15; H, 5.20; N, 8.00; Cl, 20.30%);  $\nu_{max}$  ( $CHCl_3$ )/ $cm^{-1}$  1720 (C=O) and 2800-3500 br (OH);  $\delta_H$  (300 MHz;  $CDCl_3$ ) 1.98 (2H, m,  $CH_2CH_2CO_2H$ ), 2.42 (2H, t,  $J$  6.9,  $CH_2CO_2H$ ), 2.70 (2H, t,  $J$  7.5,  $ArCH_2$ ), 3.50 [8H, 2xm,  $N(CH_2CH_2Cl)_2$ ], 7.30 (1H, d,  $J$  9.0, *meta* to  $NO_2$ ,  $C_6H_3NO_2$ ), 7.35 (1H, dd,  $J$  8.2 and 2.0, *para* to  $NO_2$ ,  $C_6H_3NO_2$ ), and 7.54 (1H, d,  $J$  2.0, *ortho* to  $NO_2$ ,  $C_6H_3NO_2$ );  $\delta_C$  ( $CDCl_3$ ) 25.8 ( $CH_2CH_2CO_2H$ ), 32.9 and 33.9 ( $CH_2CH_2CH_2$ ), 41.5 (2 x  $CH_2Cl$ ), 55.9 (2 x  $H_2CN$ ), 124.8 [ $CH$ , *ortho* to  $N(CH_2CH_2Cl)_2$ ], 126.8 ( $CH$ , *ortho* to  $NO_2$ ),

133.3 (CH, *para* to NO<sub>2</sub>), 138.2 (C-CH<sub>2</sub>), 140.6 (C-NO<sub>2</sub>), 146,4 [C-N(CH<sub>2</sub>CH<sub>2</sub> Cl)<sub>2</sub>], 177.0 (CO<sub>2</sub>H); m/z (EI) 348.

#### 6.1.5. Synthesis of (3β)-3-Hydroxyandrost-5-ene-17-one, 4-{4-[di(2-chloroethyl)amino]phenyl}butyrate (C1)

General procedure used for preparing all four esters

A solution of chlorambucil (1.0 g, 3.29 mM) in dichloromethane (40 ml) was stirred at room temperature for 10 minute, after which time, prasterone (1.09 g, 3.78 mM) in dichloromethane (10 ml) was added dropwise over 5 minutes. A solution of DCC (780 mg, 3.78 mM) in dichloromethane (20 ml) was added after which time DMAP (1.2 mg, 9.8 μM) was added to catalyze the reaction. The reaction mixture was sealed and stirred for 20 hours at room temperature. The resulting suspension was treated with acetonitrile (30 ml) in order to enhance the precipitation of the by-products. The precipitate was filtered and the solvents were evaporated under reduced pressure to afford the crude product. The crude product was redissolved in ethyl acetate (50 ml), leaving behind undissolved by-product which was removed by filtration. The ethyl acetate was removed by evaporation under reduced pressure to give an oil which was chromatographed on a column of silica gel using ethyl acetate-light petroleum (1:2) as eluent to afford the ester as an off-white oil (1.19 g, 63%) (Found: C, 68.53; H, 7.41; N, 2.40; Cl, 12.19%. C<sub>33</sub>H<sub>45</sub>Cl<sub>2</sub>NO<sub>3</sub> requires C, 68.97; H, 7.89; N, 2.43; Cl, 12.33%);  $\nu_{\max}$  (CHCl<sub>3</sub>)/cm<sup>-1</sup> 1731cm<sup>-1</sup> (C=O);  $\delta_{\text{H}}$  (300 MHz; CDCl<sub>3</sub>) 0.88 (3H, s, CH<sub>3</sub> on C18), 1.05 (3H, s, CH<sub>3</sub> on C19), 2.30 (2H, t, CH<sub>2</sub>CH<sub>2</sub>CO<sub>2</sub>), 2.36 (1H, m, CH, on C8), 2.41 (2H, m, CH<sub>2</sub>, on C16), 2.56 (2H, m, ArCH<sub>2</sub>), 3.60-3.72 (8H, m, 2 x CH<sub>2</sub>Cl and 2 x CH<sub>2</sub>CH<sub>2</sub>Cl), 4.61 (1H, m, CH, on C3), 5.40 (1H, d, CH, on C6), 6.65 [(2H, d, *ortho* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>], 7.08 [(2H, d, *meta* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>];  $\delta_{\text{C}}$  (CDCl<sub>3</sub>)13.5 (C18), 19.5 (C19), 20.5 (C11), 22.2 (C15), 26.4 (CH<sub>2</sub>CH<sub>2</sub>CO<sub>2</sub>), 27.2 (C2), 29.6 (C12), 31.5 (C7)\*, 31.8 (C8)\*, 34.1 (ArCH<sub>2</sub> and CH<sub>2</sub>CH<sub>2</sub>CO<sub>2</sub>),

36.0 (C16), 36.8 (C10), 37.0 (C1), 38.1 (C4), 40.3 (2 x CH<sub>2</sub>Cl), 47.4 (C13), 50.0 (C9), 51.6 (C14), 53.8 (2 x CH<sub>2</sub>CH<sub>2</sub>Cl), 73.5 (C3), 112.4 [2 x CH, *ortho* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>], 121.8 (C6), 129.7 [2 x CH, *meta* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>], 131.0 (C-CH<sub>2</sub>), 139.8 (C5), 43.8 (C-N), 172.2 (O-C=O), 220.9 (C=O); m/z (EI) 575. \*possible reversed assignment.

**6.1.6. (3 $\beta$ )-3-Hydroxyandrost-5-ene-17-one, 4-{4-[di(2-chloroethyl)amino]-3-nitrophenyl} butyrate (C2)**

The final step involved the removal of ethyl acetate by evaporation under reduced pressure to give an oil which was chromatographed on a column of silica gel using ethyl acetate-light petroleum (1:2) as eluent to afford the ester as a light orange oil (690 mg, 70%) (Found: C, 63.82; H, 7.22; N, 4.47; Cl, 11.28%. C<sub>33</sub>H<sub>44</sub>Cl<sub>2</sub>N<sub>2</sub>O<sub>5</sub> requires C, 63.97; H, 7.16; N, 4.52; Cl, 11.44%);  $\nu_{\max}$  (CHCl<sub>3</sub>)/cm<sup>-1</sup> 1731cm<sup>-1</sup> (C=O);  $\delta_{\text{H}}$  (300 MHz; CDCl<sub>3</sub>) 0.88 (3H, s, CH<sub>3</sub>, on C18), 1.05 (3H, s, CH<sub>3</sub>, on C19), 2.30 (2H, t, CH<sub>2</sub>, CH<sub>2</sub>CH<sub>2</sub>CO<sub>2</sub>), 2.36 (1H, m, CH, on C8), 2.41 (2H, m, CH<sub>2</sub>, on C16), 2.66 (2H, m, ArCH<sub>2</sub>), 3.40-3.59 (8H, m, 2 x CH<sub>2</sub>Cl and 2 x CH<sub>2</sub>CH<sub>2</sub>Cl), 4.60 (1H, m, CH, on C3), 5.40 (1H, d, CH, on C6), 7.30 [1H, d, CH, *ortho* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>],

7.35 [1H, dd, CH, *meta* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>], 7.54 (1H, d, CH, *ortho* to NO<sub>2</sub>, C<sub>6</sub>H<sub>3</sub>NO<sub>2</sub>);

$\delta_{\text{C}}$  (CDCl<sub>3</sub>) 13.5 (C18), 19.5 (C19), 20.3 (C11), 21.8 (C15), 26.1 (CH<sub>2</sub>CH<sub>2</sub>CO<sub>2</sub>), 27.7 (C2), 31.0 (C12), 31.3 (C7)\*, 31.4 (C8)\*, 33.7 (CH<sub>2</sub>CO<sub>2</sub>), 33.9 (ArCH<sub>2</sub>), 35.8 (C16), 36.7 (C10), 36.9 (C1), 38.0 (C4), 41.4 (2 x CH<sub>2</sub>Cl), 47.4 (C13), 50.0 (C9), 51.6 (C14), 55.9 (2 x CH<sub>2</sub>CH<sub>2</sub>Cl), 73.8 (C3), 121.9 (C6), 124.8 [CH, *ortho* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>], 126.7 (CH, *ortho* to NO<sub>2</sub>), 133.3 (CH, *para* to NO<sub>2</sub>), 138.5 (C-CH<sub>2</sub>), 139.8 (C5), 140.5 (C-NO<sub>2</sub>), 146.3 (C-N), 172.4 (O-C=O), 221.0 (C=O); m/z (EI) 620. \*possible reversed assignment.

**6.1.7. (3 $\beta$ )-3-Hydroxypregn-5-ene-20-one, 4-{4-[di(2-chloroethyl)amino] phenyl} butyrate (C3)**

The final step involved the removal of ethyl acetate under reduced pressure to afford an oil which was chromatographed on a column of silica gel with ethyl acetate-light petroleum (1:3) as eluent to give the ester as an off-white oil (1.18 g, 60%). (Found: C, 69.36; H, 8.20; N, 2.33; Cl, 11.58%. C<sub>35</sub>H<sub>49</sub>Cl<sub>2</sub>NO<sub>3</sub> requires C, 69.75; H, 8.19; N, 2.32; Cl, 11.76%);  $\nu_{\max}$  (CHCl<sub>3</sub>)/cm<sup>-1</sup> 1730cm<sup>-1</sup> (O-C=O) and 1704cm<sup>-1</sup> (CH<sub>3</sub>-C=O);  $\delta_{\text{H}}$  (300 MHz; CDCl<sub>3</sub>) 0.63 (3H, s, CH<sub>3</sub>, on C18), 1.01 (3H, s, CH<sub>3</sub>, on C19), 2.13 (3H, s, CH<sub>3</sub>, on C21), 2.28 (1H, m, CH, on C8), 2.30 (2H, t, CH<sub>2</sub>CH<sub>2</sub>CO<sub>2</sub>), 2.50 (1H, m, CH, on C17), 2.54 (2H, t, ArCH<sub>2</sub>), 3.60-3.72 (8H, m, 2 x CH<sub>2</sub>Cl and 2 x CH<sub>2</sub>CH<sub>2</sub>Cl), 4.60 (1H, m, CH, on C3), 5.37 (1H, d, CH, on C6), 6.64 [2H, d, *ortho* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>], 7.07 [2H, d, *meta* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>];  $\delta_{\text{C}}$  (CDCl<sub>3</sub>) 13.2 (C18), 19.3 (C19), 21.2 (C11), 22.8 (C16), 24.5 (C15), 26.1 (CH<sub>2</sub>CH<sub>2</sub>CO<sub>2</sub>), 27.7 (C2), 31.5 (C7)\*, 31.7 (C21), 31.8 (C8)\*, 33.8 (CH<sub>2</sub>CO<sub>2</sub>), 34.0 (ArCH<sub>2</sub>), 36.6 (C10), 36.9 (C1), 38.0 (C4), 38.6 (C12), 40.3 (2 x CH<sub>2</sub>Cl), 43.9 (C13), 49.8 (C9), 53.7 (2 x CH<sub>2</sub>CH<sub>2</sub>Cl), 56.7 (C14), 63.6 (C17), 73.6 (C3), 112.4 [2 x CH, *ortho* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>], 122.2 (C6), 129.7 [2 x CH, *meta* to N(CH<sub>2</sub>CH<sub>2</sub>Cl)<sub>2</sub>], 131 (C-CH<sub>2</sub>), 139.6 (C5), 143.9 (C-N), 172.9 (O-C=O), 209.6 (CH<sub>3</sub>-C=O); m/z (EI) 603. \* possible reversed assignment.

**6.1.8. (3 $\beta$ )-3-Hydroxypregn-5-ene-20-one,4-{4-[di(2-chloroethyl)amino]-3-nitro-phenyl}butyrate (C4)**

After the removal of the ethyl acetate under reduced pressure, the resulting oil was chromatographed on a column of silica gel using ethyl acetate-light petroleum (1:3) as eluent to afford the ester as a light orange oil (780 mg, 66%). (Found: C, 64.55; H, 7.36; N, 4.32; Cl, 10.86%. C<sub>35</sub>H<sub>48</sub>Cl<sub>2</sub>N<sub>2</sub>O<sub>5</sub> requires C, 64.90; H, 7.47; N, 4.32; Cl, 10.94%);  $\nu_{\max}$  (CHCl<sub>3</sub>)/cm<sup>-1</sup>

1730 $\text{cm}^{-1}$  (O-C=O) and 1703 $\text{cm}^{-1}$  ( $\text{CH}_3\text{-C=O}$ );  $\delta_{\text{H}}$  (300 MHz;  $\text{CDCl}_3$ ) 0.63 (3H, s,  $\text{CH}_3$ , on C18), 1.01 (3H, s,  $\text{CH}_3$ , on C19), 2.13 (3H, s,  $\text{CH}_3$ , on C21), 2.28 (1H, m,  $\text{CH}$ , on C8), 2.30 (2H, t,  $\text{CH}_2\text{CH}_2\text{CO}_2$ ), 2.50 (1H, m,  $\text{CH}$ , on C17), 2.61 (2H, t,  $\text{ArCH}_2$ ), 3.39-3.50 (8H, m, 2 x  $\text{CH}_2\text{Cl}$  and 2 x  $\text{CH}_2\text{CH}_2\text{Cl}$ ), 4.60 (1H, m,  $\text{CH}$ , on C3), 5.35 (1H, d,  $\text{CH}$ , on C6), 7.30 [1H, d,  $\text{CH}$ , *ortho* to  $\text{N}(\text{CH}_2\text{CH}_2\text{Cl})_2$ ], 7.35 [1H, dd,  $\text{CH}$ , *meta* to  $\text{N}(\text{CH}_2\text{CH}_2\text{Cl})_2$ ], 7.54 (1H, d,  $\text{CH}$ , *ortho* to  $\text{NO}_2$ ,  $\text{C}_6\text{H}_3\text{NO}_2$ );  $\delta_{\text{C}}$  ( $\text{CDCl}_3$ ) 13.2 (C18), 19.3 (C19), 20.9 (C11), 22.8 (C16), 24.4 (C15), 26.1 ( $\text{CH}_2\text{CH}_2\text{CO}_2$ ), 27.7 (C2), 31.5 (C7), 31.7 (C21), 31.8 (C), 37 (C), 37 ( $\text{CH}_2\text{CO}_2$ ), 34.0( $\text{ArCH}_2$ ), 36.6 (C10), 36.9 (C), 38.0 (C4), 38.(C12), 41.5 (2 x  $\text{CH}_2\text{Cl}$ ), 43.9 (C13), 49.8(C9), 55.9 (2 x  $\text{CH}_2\text{CH}_2\text{Cl}$ ), 56.7 (C14), 63.6 (C17), 73.9 (C3), 122.4 (C6), 124.[ $\text{CH}$ , *ortho* to  $\text{N}(\text{C}_2\text{CH}_2\text{Cl})_2$ ], 126.7 ( $\text{CH}$ , *ortho*  $\text{NO}_2$ ), 133.3 ( $\text{CH}$ , *para* to  $\text{NO}_2$ ), 139.5 (C5), 140.(C- $\text{NO}_2$ ), 146.3 (C-N), 172.4 (O-C=O), 209.6 ( $\text{CH}_3\text{-C=O}$ );  $m/z$  (EI) 648.

## 6.2. Alkylating activity [29, 43-44]

The alkylating activity of each compound was determined at concentrations ranging from 0.1mM to 1.0 mM, dissolved in 50% (v/v) acetone/ethanol solution. The compounds (0.2 ml) were added separately to screwed capped test tubes containing 1ml of 0.2M acetate buffer (pH 5.6). Each tube was treated with 0.5 ml of 5% (w/v) solution *p*-nitrobenzyl pyridine in acetone and the mixture was incubated for 4 hours at 37°C. Each tube was then treated with 3.0 ml of 25% (v/v) 3-amino-1-propanol in tertiary butyl alcohol and the coloration of the reaction product was measured using a visible spectrophotometer at 560 nm. The alkylating activity of the five compounds were compared with that of an equimolar chlorambucil solution.

### **6.2.1. Log P values**

The six compounds of known weight (10 mg) were added separately to 50 ml volumetric flasks and dissolved in n-octanol and then made up to the mark [29]. A portion (4 ml) of each of the solutions were transferred separately to screwed capped centrifuge tubes and an equal volume of water was added to each tube. The tubes were capped and shaken on a rotator for one hour at 20°C, after which time they were centrifuged for ten minutes at 4000 rpm and the n-octanol layer was carefully separated from the water layer. Portions of the original solutions were diluted to obtain a concentration of 0.8 mg%. The shaken solutions were also diluted in a similar manner and comparisons were made using UV spectroscopy between 200-400 nm. The log P values were then calculated according to Leo [45].

### **6.2.2. *In Vitro* Cytotoxicity Assay [46]**

The standard assay for cytotoxicity employed a 96 well format using 400-1000 cells per well in 100µl. Each drug dose was represented by three wells. Media (100 µl) containing doubling dilutions of 2 x drug was added to triplicate sets. Control wells received 100 µl of media alone. The plates were then incubated in a humidified atmosphere for five days at 37°C, with 5% carbon dioxide. After incubation 50 µl of MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide) (3 mg/ml) was added to each well and the plate returned to the incubator for three hours. The process is known as metabolic reduction and requires an active mitochondrial function to reduce the salt. The media and excess MTT was then aspirated from each well and the formazan crystals solubilized in 200 µl of DMSO. The plates were then read using a multiscan microplate reader (Titretech) at 540 nm with subtraction at 620 nm to allow for turbidity. The resultant output was processed using an excel spreadsheet. The percentage of



growth inhibition absorbance of the drug treated wells/mean absorbance of the control well) x100 and the IC<sub>50</sub> (concentration of compound required to inhibit 50% growth) were calculated.

### **6.2.3. General procedure used to determine the hydrolysis of the esters using Porcine Liver**

#### **Esterase [47]**

The stock solution of the ester was prepared by dissolving the ester (50 mg) in absolute ethanol (10 ml) and transferring it to a 25 ml volumetric flask and making up to the mark with absolute ethanol. The phosphate buffer was prepared by dissolving sodium chloride (2 g), potassium dihydrogen phosphate (50 mg), disodium hydrogen phosphate (250 mg) and potassium chloride (50 mg) in distilled deionised water and making up to the 250 ml mark in a volumetric flask (pH 7.4). After incubating the esterase enzyme (20 µl) in buffer (2 ml) for approximately 15 minutes at 37°C, the ester (200 µl) was added. The zero reaction involved incubating the ester in buffer at 37°C for 15 minutes prior to being analysed by HPLC. A sample of the reaction mixture (200 µl) was then removed and transferred to microfuge tubes at set time intervals and treated with acetonitrile (200 µl). The mixture was then vortexed for 30 seconds and then centrifuged for 10 minutes at 13,000 RPM. A portion of the supernatant (200 µl) was transferred to a microfuge tube and mobile phase (200 µl) was added and mixed. A standard solution of the ester was prepared by transferring 5 ml of the stock solution to a 50 ml volumetric flask, making up to the mark with the mobile phase, and then transferring 3 ml of this solution to a 25 ml volumetric flask and making up to the mark with mobile phase and finally, 5 ml of this solution was transferred to a 10 ml volumetric flask and made up to the mark to afford a final concentration of the standard solution of 1.20mg%. Both the standard and sample solutions were analyzed using a validated HPLC method (unpublished data), derived from a modified version of a published method [48]. The esters were also stored in phosphate buffer

saline at 37°C and monitored for their stability over a period of forty five days. The chromatographic conditions : RP-HPLC , the mobile phase consisted of acetic acid (50 ml of a 2% solution) made upto a litre with acetonitrile, pH 5.2 and the flow rate was set at 1.2 ml/minute. A C18 Symmetry Waters column (250 mm x 4.6 ID) fitted with a guard column (3 cm x 4.6 mm ID) was used and the wavelength was set at 254 nm.

#### **6.2.4. General procedure used to determine the hydrolysis of the esters using human plasma**

The stock solution of the ester was prepared by dissolving the ester (50mg) in absolute ethanol (10 ml) and transferring it to a 50 ml volumetric flask and making upto the mark with the same solvent. The ester (50 µl) was transferred to a microfuge tube and treated with mobile phase (950 µl), mixed using a vortex mixer and 500 µl of the solution was transferred to another microfuge tube and made upto 1 ml with mobile phase and vortexed. Finally, 500 µl of this solution was transferred to a another microfuge tube, made upto 1 ml with mobile phase, and mixed in the usual manner, to afford a 1.25mg% concentration of standard solution.

Freshly prepared plasma (850 µl) was transferred to a test tube, treated with phosphate buffer saline (100 µl) and stock solution of the ester (50 µl), sealed with parafilm, vortexed for 2 minutes and then placed into an incubator set at 37°C. The incubated sample would be treated in the following manner prior to analysis. 500 µl of the mixture was transferred to a microfuge tube and treated with 500 µl of mobile phase, mixed for 2 minutes using a vortex mixer and the resulting precipitate was removed by centrifugation at 13000 RPM for 20 minutes. 500 µl of the supernatant was removed and transferred to a microfuge tube and made upto 1 ml with mobile phase. The content of the tube was then centrifuged at 13000 RPM for a further 10 minutes.

A comparison between the peak areas of the standard and the prepared samples were then carried out by HPLC in order to estimate the percent of ester hydrolysed with time.

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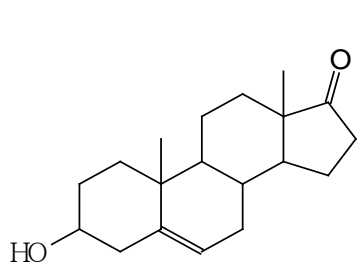
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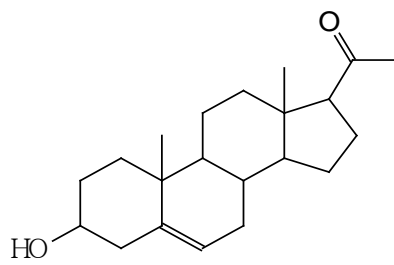
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**Figure 1.** Structures of Prasterone and Pregnenolone

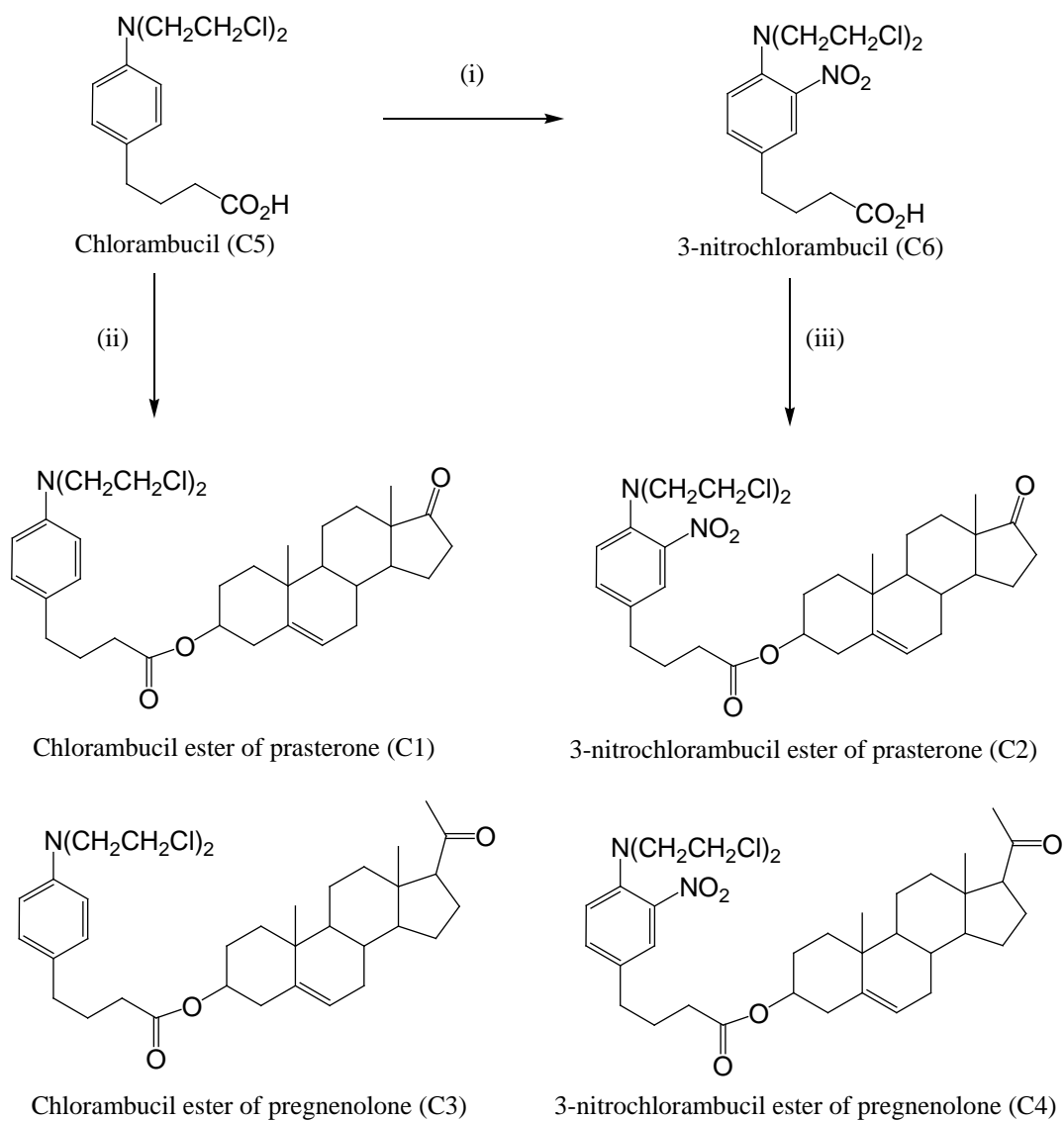


Prasterone



Pregnenolone





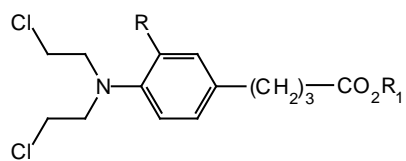
**Scheme 1.** Synthesis of C1-C4 and C6. Reagents and conditions:

- (i)  $\text{NO}_2\text{BF}_4 / \text{CH}_3\text{CN}$  (1.2 equiv.) at  $0^\circ\text{C}$  under argon.
- (ii) Chlorambucil/ $\text{CH}_2\text{Cl}_2$ /DCC/DMAP in the presence of prasterone or pregnenolone at room temperature.
- (iii) 3-nitrochlorambucil/ $\text{CH}_2\text{Cl}_2$ /DCC/DMAP in the presence of prasterone or pregnenolone at room temperature.

**Table 1.** Steroid esters of 4-{4-[di(2-chloroethyl)amino]phenyl}butanoic acid



(Chlorambucil).



Compound	R <sub>1</sub>	R	Formula
<b>C1</b>	Prasterone	H	C <sub>33</sub> H <sub>45</sub> Cl <sub>2</sub> NO <sub>3</sub>
<b>C2</b>	Prasterone	NO <sub>2</sub>	C <sub>33</sub> H <sub>44</sub> Cl <sub>2</sub> N <sub>2</sub> O <sub>5</sub>
<b>C3</b>	Pregnenolone	H	C <sub>35</sub> H <sub>49</sub> Cl <sub>2</sub> NO <sub>3</sub>
<b>C4</b>	Pregnenolone	NO <sub>2</sub>	C <sub>35</sub> H <sub>48</sub> Cl <sub>2</sub> N <sub>2</sub> O <sub>5</sub>
<b>C5</b>	H	H	C <sub>14</sub> H <sub>19</sub> Cl <sub>2</sub> NO <sub>2</sub>
<b>C6</b>	H	NO <sub>2</sub>	C <sub>14</sub> H <sub>18</sub> Cl <sub>2</sub> N <sub>2</sub> O <sub>4</sub>

C1 is chlorambucil ester of prasterone.  
 C3 is chlorambucil ester of pregnenolone.  
 C5 is chlorambucil.

C2 is 3-nitrochlorambucil ester of prasterone.  
 C4 is 3-nitrochlorambucil ester of pregnenolone.  
 C6 is 3-nitrochlorambucil

**Table 2.** Log P partition coefficient, and *in-vitro* alkylating activity of chlorambucil and chlorambucil derivatives

Compound	Determined partition coefficient <sup>a</sup>	Estimated partition coefficient <sup>b</sup>	Alkylating activity (% of chlorambucil) <sup>c</sup>
<b>C1</b>	>8.00	8.64 ± 0.44	70
<b>C2</b>	>8.00	8.57 ± 0.46	8
<b>C3</b>	>8.00	9.25 ± 0.41	18
<b>C4</b>	>8.00	9.18 ± 0.42	4
<b>C5</b>	3.80 ± 0.30	3.70 ± 0.35	100
<b>C6</b>	3.70 ± 0.35	3.63 ± 0.37	38

C1 is chlorambucil ester of prasterone.

C2 is 3-nitrochlorambucil ester of prasterone.

C3 is chlorambucil ester of pregnenolone.

C4 is 3-nitrochlorambucil ester of pregnenolone.

C5 is chlorambucil.

C6 is 3-nitrochlorambucil

<sup>a</sup>Determined values using the method described by Leo [45]

<sup>b</sup>Estimated values obtained from a ACD/LogP software package.

<sup>c</sup>Measured *in-vitro* at 37°C at concentrations ranging between 0.1 and 1.0mM. Chlorambucil is assigned 100% alkylation.

**Table 3.** Shows the IC<sub>50</sub> values for chlorambucil and the chlorambucil derivatives on eight human cell-lines

Cell line IC <sub>50</sub> μM	Widr	Daoy	MDA468	MDA NQ0	MCF7	H460	OVCA-3	A375
<b>C1</b>	>100	19.61 (± 6.9)	5.48 (± 5.6)	11.83 (± 1.4)	72.5 (± 2.0)	11.85 (± 1.5)	82.50 (± 1.2)	61.42 (± 8.9)
<b>C2</b>	>100	>100	7.25 (± 3.1)	10.60 (± 5.7)	>100	>100	>100	>100
<b>C3</b>	86.30 (± 2.0)	41.90 (± 1.3)	10.26 (± 6.7)	20.53 (± 2.1)	90 (± 1.5)	36.16 (± 1.4)	88.80 (± 3.7)	74.21 (± 7.2)
<b>C4</b>	>100	>100	19.34 (± 3.4)	32.56 (± 4.3)	68.3 (± 2.5)	>100	>100	>100
<b>C5</b>	7.13 (± 5.1)	1.36 (± 1.5)	0.65 (± 3.0)	0.79 (± 2.9)	4.5 (± 1.3)	2.19 (± 6.6)	8.92 (± 2.7)	2.58 (± 6.2)
<b>C6</b>	13.04 (± 3.9)	5.30 (± 3.7)	1.16 (± 6.3)	3.75 (± 4.0)	23 (± 3.1)	9.53 (± 1.1)	15.56 (± 2.1)	9.46 (± 7.1)

All values are given in μM, however, the values shown in brackets are the standard deviations for the % growth inhibition.

C1 is chlorambucil ester of prasterone. C2 is 3-nitrochlorambucil ester of prasterone.  
 C3 is chlorambucil ester of pregnenolone. C4 is 3-nitrochlorambucil ester of pregnenolone.  
 C5 is chlorambucil. C6 is 3-nitrochlorambucil