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Ghori, Muhammad U., Ginting, Gidion, Smith, Alan M. and Conway, Barbara R

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## **Simultaneous Quantification of Drug Release and Erosion from Hypromellose Hydrophilic Matrices**

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**Muhammad. U. Ghor, Gidion Ginting, Alan. M. Smith, Barbara. R. Conway\***

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**Pharmacy and Pharmaceutical Sciences, University of Huddersfield, Queensgate,  
Huddersfield, United Kingdom. HD1 3DH**

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**\*Corresponding author**

Barbara R. Conway

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**E-mail address, [b.r.conway@hud.ac.uk](mailto:b.r.conway@hud.ac.uk)**

**Tel #** +44(0)1484 472347

**Fax #** +44(0)1484 472182

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## Abstract

Hypromellose, HPMC, is frequently used to control drug release from matrix tablet formulations. Drug is released by a combination of diffusion through and erosion of, the matrix and is usually measured *in vitro* by separate dissolution and swelling/erosion studies. The present study was designed to measure matrix erosion, polymer dissolution and drug release kinetics and their inter-relationship in a single experiment using a phenol-sulphuric acid assay to quantify dissolved HPMC alongside spectrophotometrical analysis of drug release. HPMC-based matrix tablets were manufactured containing two drugs at various drug:HPMC ratios. Drug release was determined and the degree of erosion was calculated by gravimetry. Results showed the matrix erosion rate and drug release were dependent on HPMC content and drug solubility, as expected. It was also apparent that the erosion rate was directly related to the drug release kinetics and comparative analysis of both matrix erosion techniques showed a high level of correlation. The findings show that a simple and inexpensive assay can be utilised not only to quantify HPMC but can also be used to calculate the degree of erosion of tablet matrices, negating the need for a separate study and providing a simplified practical approach that may be of use during product optimization.

**Keywords:** Hydroxypropyl methylcellulose; hydrophilic matrix; drug release; matrix erosion; phenol-sulphuric acid assay

## 60     **1- Introduction**

The use of hydrophilic matrices to develop extended release (ER) formulations has become progressively widespread because of their potential to control the release of wide range of active pharmaceutical ingredients (APIs) and to produce robust tablet formulations (Alderman, 1984). Hydrophilic matrices containing hypromellose, HPMC (hydroxypropyl methylcellulose), as the polymeric carrier have been extensively used in oral dosage forms (Maderuelo *et al.*, 2011). The popularity of HPMC can be attributed to its non-toxic nature, availability in different grades, good compression properties, ability to give pH independent drug release profiles, good regulatory acceptance and amenability to high levels of drug loading (Li *et al.*, 2005). On incorporation of HPMC into the tablet formulation, the tortuosity and porosity of matrix tablets can be altered and are intuitively expected to influence the rate and mechanism of drug release from monolithic HPMC-based devices (Reza *et al.*, 2003).

Upon submersion in liquids, such as dissolution testing media or biological fluids, these hydrophilic matrices swell and polymer chains eventually disentangle which leads to the breakage of hydrogen bonds formed during tablet compaction. However, persistent liquid ingress and interaction between HPMC polymeric chains and the ingressing liquid can cause hydrogen bond formation accommodating water molecules (Gao *et al.*, 1996). This leads to the formation of gel layer across the matrix tablet as HPMC passes from an amorphous to rubbery state. (Colombo *et al.*, 1999; Colombo *et al.*, 2000; Jiasheng *et al.*, 2010). The polymeric chains present on the surface of matrix tablet hydrate quickly compared to those located inside the core and contact with liquid causes chain relaxation (swelling) which initiates erosion of the matrix. The relative rates of liquid uptake and

erosion of a polymer matrix play a critical role in controlling the rate of drug release. The swelling, matrix erosion, drug release mechanism and rate are dependent on the concentration and viscosity of HPMC being used in the hydrophilic matrices (Mitchell *et al.*, 1993; Wan *et al.*, 1991). HPMC has the potential to hydrate quickly enough to form a gel layer before the drug entrapped in the tablet matrix can dissolve. Moreover, the higher the viscosity and density of the gel layer, the more resistant the gel is to dissolution and/or erosion as it can retain integrity, thus increasing drug diffusion path length (Khamanga and Walker, 2006). Highly water soluble drugs diffuse through the gel layer before the matrix erodes but it is suggested that the presence of poorly soluble drugs can increase matrix erosion by imperilling the integrity of the gel layer (Bettini *et al.*, 2001; Yang and Fassihi, 1997). So, the solubility of entrapped drugs is another key factor in determining the drug release behaviour from hydrophilic matrices. Mechanistically both diffusion and erosion will be contributing factors in controlling drug release from a hydrophilic matrix tablet, however, in practical terms, one process will often play a dominant role over the other depending on the HPMC level and solubility of other matrix tablet contents (Sinha Roy and Rohera, 2002).

Fundamentally during dissolution phenomena there are two processes involved by which polymer erosion from the hydrophilic matrices takes place. Firstly the disentanglement of individual polymeric chains at the surface of matrix tablets and secondly their subsequent transport to the surrounding bulk solution. The physical entanglement of the polymer chains precludes polymer dissolution but polymer present at the outermost surface is diluted by the bulk dissolution medium over time to a point when the polymeric network no longer has structural integrity. This eventually leads to polymer disentanglement and the matrix tablet starts to disappear (Colombo *et al.*, 2000; Maderuelo *et al.*, 2011; Miller-Chou and Koenig, 2003; Siepmann and Peppas, 2001; Wen *et al.*, 2010).

Various mathematical models have been reported including contributions from the role of water diffusion, polymer swelling, dissolution and degradation and drug diffusion (reviewed  
110 by Siepmann and Siepman, 2013). Similarly, there have been many techniques applied to determine the extent of water uptake and polymer erosion from hydrophilic matrices including photography, texture analysis, video recording and nuclear resonance (NMR) imaging (Barba et al., 2009 a and b; Bettini et al., 2001; Cascone et al., 2014; Chirico et al., 2007; Lamberti et al., 2013; Tajarobi et al., 2009) and gravimetric methods are the most  
115 commonly used technique to date (Chaibva et al., 2010; Dhopeshwarker and Zatz, 1993; Ebube et al., 1997; Franek et al., 2014; Ghimire et al., 2010; Khamanga and Walker, 2006; Ranga Rao et al., 1988; Sinha Roy and Rohera, 2002). Such measurements, however, can be relatively time consuming and laborious, requiring a significant amount of API and excipients. It has recently been shown that, for HPMC/lactose tablets, for example, that the  
120 choice of model for predicting drug release should be based on the desired accuracy and ease of application and often, simple equations may be adequate for the purpose (Siepmann et al., 2013).

A number of analytical techniques can be used to measure carbohydrate concentration including size exclusion chromatography (Viridén et al., 2009), capillary electrophoresis  
125 (Cortacero-Ramírez *et al.*, 2004), infrared (IR) spectroscopy (Cadet, 1999), nuclear magnetic resonance (NMR) micro-imaging (Tajarobi et al., 2009) and light scattering detection (Zhang *et al.*, 2008). Recently Viridén *et al.*, (2009) successfully employed size exclusion chromatography to study HPMC tablet dissolution to determine the impact of HPMC heterogeneity on release. A phenol-sulphuric acid assay is commonly employed for  
130 analysing sugars in foods, including mono-, di- and polysaccharides and if successful would provide a simple method to study matrix erosion, negating requirements for separate

analytical equipment and associated costs and time (Albalasmeh et al., 2013; Brummer and Cui, 2005; Masuko et al., 2005) .

The aims of the present work were therefore multifold: firstly, to quantify HPMC in the dissolution medium by using novel application of a phenol-sulphuric acid alongside drug release studies. The Peppas and Korsmeyer model was applied to drug release profiles to attain mechanistic insight into the process (Korsmeyer et al., 1983). Secondly, the amount of dissolved HPMC and drug was used to calculate the degree and rate of erosion. Moreover, erosion was also determined using gravimetric methods for comparative purposes; with an assumption that phenol-sulphuric acid assay will be an alternative option. Thirdly, the inter-relationship of HPMC erosion rate and drug release was studied. Fourthly, the impact of HPMC to drug ratio and the solubility of model drugs on matrix erosion, polymer dissolution and drug release kinetics were also studied, using theophylline (aqueous solubility, 7.3 g/L) and flurbiprofen (aqueous solubility, 8.0 mg/L) as model drugs (Yalkowsky et al., 2010).

## **2- Materials and methods**

### **2.1- Materials**

Flurbiprofen (FBP) and theophylline (THP) were purchased from Aesica Pharmaceutical Ltd, Cramlington, UK and Tokyo Chemical Industry Ltd, UK, respectively. Hydroxypropyl methyl cellulose, HPMC, (Methocel<sup>®</sup> K4M Premium) was a kind gift from Colorcon Ltd, Dartford, UK. Sulphuric acid, hydrochloric acid and phenol were purchased from Sigma-Aldrich, UK, and all were of analytical grade. Disodium hydrogen phosphate ( $\text{Na}_2\text{HPO}_4$ ) and sodium dihydrogen phosphate ( $\text{NaH}_2\text{PO}_4$ ) were purchased from Fisher Scientific, UK and used for the preparation of 0.2 M phosphate buffer (pH 7.2). All the materials were used as received.

## 2.2- Methods

### 2.2.1- Preparation of matrix tablets

All the powder mixtures comprising different HPMC to drug ratios (flurbiprofen or theophylline, Table 1) were blended for 15 minutes (Turbula shaker-mixer). To evaluate the mixing efficiency, samples were removed from each powder mixture, theophylline and flurbiprofen content were determined by using the linear regression equation obtained from their respective UV standard calibration curves at 272 nm and 247 nm for theophylline and flurbiprofen, respectively. The final powder blends, having drug content between 95-105 %, were compacted using a manual hydraulic press equipped with 13.00 mm die set (Specac<sup>®</sup> Ltd, UK). The compact weight was maintained at  $500 \pm 2.5$  mg each and was compressed at 20 KN with a 20 second dwell time. At least 20 tablets for each batch of powder blend were made and assayed for theophylline and flurbiprofen using UV spectrophotometry as described above. Each determination was carried out in triplicate and mean results were reported. All the matrix tablets were stored in an air-tight container over silica gel for 24 hours before further investigation.

### 2.2.2- *In vitro* release studies

#### 2.2.2.1- Drug release studies

*In vitro* drug release studies were performed on all the hydrophilic matrices, except those containing 100 % HPMC, using USP dissolution apparatus I, SR II 6-flask, basket apparatus, (Hanson Research, USA) at 100 rpm. pH 7.2 sodium phosphate buffer (900 ml) was used as the release medium and was maintained at  $37.5 \pm 0.5$  °C. Aliquots of dissolution media (5 ml) were withdrawn manually after 30, 60, 120, 360, 740 and 1440 minutes and



replaced with an equal amount of fresh dissolution medium. The dissolution samples were then analysed for drug content as before.

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#### **2.2.2.2- HPMC dissolution studies**

HPMC dissolution was studied for all the hydrophilic matrix tablets. Dissolved HPMC was quantified using phenol-sulphuric acid assay alongside drug analysis on the removed samples described previously. Filtered samples (1 ml) were added to 1 ml of 5% phenol in 185 0.1 M hydrochloric acid, followed by 5 ml of concentrated sulphuric acid. The resultant solution was mixed vigorously for 10 minutes and placed in a water bath at 25-30 °C for 20 minutes. Absorbance was measured at maximum wavelength ( $\lambda_{\text{max}}$ ) 490 nm and dissolved HPMC content was calculated from a standard calibration curve (Brummer and Cui, 2005; Dubois et al., 1956;).

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#### **2.2.3- Erosion studies**

##### **2.2.3.1- Gravimetric method (GM)**

Erosion of matrix tablets was determined by a gravimetric technique (Chaibva *et al.*, 2010; Dhopeswarker and Zatz, 1993; Ebube *et al.*, 1997; Ranga Rao *et al.*, 1988; Sinha Roy and 195 Rohera, 2002). The study was conducted using USP apparatus I, SR II 6-flask (Hanson Research, USA) at 100 rpm. The dry hydrophilic matrix tablets were accurately weighed and placed in baskets prior to immersion in dissolution media (pH 7.2 sodium phosphate buffer) which was maintained at  $37 \pm 0.5$  °C. Tablets were removed at 30, 60, 120, 360, 720 and 1440 minutes and lightly blotted dry with 125 mm filter paper (Whatman®) to remove 200 excess water. They were subsequently dried in a convection oven at 50 °C. After 24 hours, the tablets were cooled to ambient temperature and then weighed until a constant weight

had been achieved and this was termed the dried weight. All studies were conducted in triplicate. The degree of erosion (E) was calculated using equation 1.

$$\text{Matrix Erosion (E)} = \frac{W_i - W_f}{W_i} \times 100 \quad (1)$$

Where,  $W_i$  is the initial weight of the matrix tablets and  $W_f$  is the weight of the dried matrices at specific sampling times. Water uptake can also be calculated using difference in weight between the tablet wet weight and the dried weight using this method.

### 2.2.3.2- Combined dissolution method

Matrix tablet erosion was also determined by using the collective amount of drug and polymer dissolved during dissolution and the percentage erosion was calculated at each sampling time using equation 2, and this method is subsequently termed sugar analysis technique (SA) in this paper.

$$\text{Matrix Erosion (E)} = \frac{W_d + W_p}{W_i} \times 100 \quad (2)$$

where,  $W_d$  is amount of drug released (mg) and  $W_p$  is amount of HPMC dissolved (mg), determined using the phenol-sulphuric assay method in the dissolution medium at specific sampling times while  $W_i$  is the initial weight of matrix tablet. Moreover, the HPMC degree of erosion ( $H_e$ ) was also calculated by using the equation 3.

$$\text{HPMC Erosion (He)} = \frac{W_p}{W_{pi}} \times 100 \quad (3)$$

where,  $W_p$  is amount of dissolved HPMC (mg) and  $W_{pi}$  is the initial amount of HPMC in the matrix tablet.

230 A graph was plotted between percentage matrix or HPMC erosion and time (up to 720 minutes) for all the matrix tablets and simple linear regression was applied representing slope as an erosion rate ( $k$ ,  $\% \text{ min}^{-1}$ ).

#### 2.2.4- Modelling of drug release profiles

The mechanism and kinetics of drug release were deduced by fitting respective dissolution  
235 data to the Korsmeyer– Peppas model, equation 4 (Korsmeyer et al., 1983). The goodness of fit was established using the adjusted coefficient of determination where the closer the value is to 1, the better the data fit to the model. The value of diffusional exponent ( $n$ ) is dependent on the mechanism of drug release and geometrical shape of the matrix that is being assessed and was further used to describe drug release patterns (Siepmann and  
240 Peppas, 2001).

$$\frac{Mt}{M_{\infty}} = Kt^n \quad (4)$$

Where,  $\frac{Mt}{M_{\infty}}$ , is the fraction of drug released at time  $t$  while  $K$  is a drug release constant  
245 incorporating the geometrical characteristics of matrix tablet, and  $n$  is diffusional exponent of drug release and used to elucidate the drug release mechanism. For cylindrical hydrophilic matrices, the  $n$  values of 0.45 are indicative drug release through Fickian

diffusion and the values between  $0.45 < n < 0.89$  means drug is being released through anomalous transport.

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### 3- Results and discussion

#### 3.1- Theophylline and flurbiprofen release studies

HPMC present on the surface of matrix tablets initially hydrates during dissolution and forms an outer gel layer on matrix tablet surface. Progressive contact with the medium leads to subsequent bulk hydration of the matrix. Eventually, this leads to HPMC chain relaxation, followed by erosion of the matrix. The drug release rate and mechanism is controlled by the matrix swelling, diffusion of drug through the gel layer and/or matrix erosion.

It was observed that the HPMC to drug ratio played an important role in regulating the release behaviour of theophylline and flurbiprofen from the hydrophilic matrix system. Theophylline and flurbiprofen release profiles are shown in Figure 1 (a and b), and for both drugs, HPMC ratio significantly affected the release rates, both decreasing with increasing HPMC content as polymer chain disentanglement slows (Li *et al.*, 2005; Maderuelo *et al.*, 2011). At higher levels of HPMC the increased concentration leads to chain entanglement which increases the tortuosity of matrix tablets (Chaibva *et al.*, 2010; Mitchell *et al.*, 1993) and can be considered a decisive feature impeding the diffusion of drug from the matrix gel layer during dissolution. An additional factor can be a lower porosity, as higher amount of HPMC corresponds to low matrix tablet porosity which exhibits low liquid movement across the surface of matrix tablet and leads to slower drug release rates (Reza *et al.*, 2003).

A markedly faster drug release was determined for hydrophilic matrices containing 20% HPMC, and the release rates from matrices containing theophylline were faster than those

with flurbiprofen. The  $t_{60}$  and  $t_{120}$  of theophylline-containing matrices were higher than flurbiprofen matrices (Table 1). Rapid gel layer formation around the matrix tablet is an essential feature that can dictate drug release regardless of solubility of drug. Higher  
275 amounts of HPMC form a quicker but stronger gel layer which is more resistant to diffusion and/or erosion (Mitchell *et al.*, 1993) .

The mechanism by which drugs are released from hydrophilic systems can possibly be; (a) (diffusion- Fickian release), (b) non- Fickian or anomalous transport (c) zero-order release or case II mechanism. Soluble drugs can act as pore formers in matrix tablets and have the  
280 capacity to form micro-cavities thus making the gel layer more porous increasing liberation into the bulk dissolution media through diffusion (Yang and Fassihi, 1997). Furthermore, poorly soluble drug (flurbiprofen) particles can be translocated through the gel layer with a spring-like action caused by transition of the polymer chains from a glassy to a rubbery state, which disrupts the gel layer structure (Bettini *et al.*, 2001) and can result in exposure  
285 of drug particles to water. To determine the mechanism of drug release, dissolution profiles were characterised using Korsmeyer-Peppas model (equation 4). The diffusional exponent ( $n$ ) of drug release is used to characterize the type of release mechanism during dissolution testing. The matrix tablets demonstrated a linear relationship with correlation coefficient within range 0.995 - 0.999 (Fig. 1 (a and b) and Table 1).

290 Referring to the criteria of release kinetics from swellable cylindrical (Siepmann and Peppas, 2001) all tablet matrices, regardless of the drug, resulted in non-Fickian release (anomalous transport) mechanism (Table 1). The concentration of HPMC and drug in the matrices affect the diffusional exponent ( $n$ ). With the gradual increase of HPMC, the  $n$  values decreased from 0.75 to 0.50 and 0.88 to 0.62, respectively for theophylline- and  
295 flurbiprofen-containing hydrophilic matrices. This indicates that the mechanism of release is a mixture of diffusion and erosion, however depending on the  $n$  values it can be predicted

that the diffusion was the dominating mechanism for theophylline matrices whilst erosion dominated for flurbiprofen matrices.

### 3.2- HPMC dissolution studies

300 In this study, its release from matrix tablets containing varying concentrations of drug (theophylline or flurbiprofen), ranging from 0% to 80 % was quantified using the phenol-sulphuric acid colorimetric assay. HPMC contains glucose monomers with different levels of methoxyl (%) and hydroxypropoxyl (%) substitution groups, so, it was expected that the phenol-sulphuric acid assay which is classically used to measure carbohydrate content in  
305 foods and beverages (Brummer and Cui, 2005) could be applied to quantify HPMC dissolution from tablets. UV-Vis spectrum scanning for both theophylline and flurbiprofen showed there was no interference with the assay at the wavelength of interest ( $\lambda_{\max} = 490$  nm).

It can be seen in Figure 2 (a and b), that the rate and extent of HPMC dissolution fell with  
310 increasing HPMC content. This is attributed to a thicker, more durable gel layer on the matrix surface at higher concentrations. The release rates were concentration dependant and a similar trend was seen for both the formulations containing theophylline and flurbiprofen, i.e. 20 > 40 > 60 > 80 > 100%. Despite HPMC being relatively soluble at pH 7.2, the mobility of the macromolecule is decreased with increasing HPMC levels. Methocel<sup>®</sup> K4M  
315 Premium, which is used in this study, has a high molecular weight and viscosity; therefore it is relatively resistant to polymer erosion compared to lower molecular weight and viscosity grades. The concentration of HPMC necessary to develop a rapid and strong gel layer around the matrix tablet is termed the critical concentration and indicates an ability to withstand the influence of different factors during dissolution or hydration. This is a  
320 desirable property of a polymer in controlled drug delivery system and the critical

concentration is related to the thickness of the gel layer that forms and specific to each polymer (Maderuelo *et al.*, 2011). It can be seen from Figure 2 (a and b) and Table 1 ( $t_{60}$  and  $t_{120}$ ), that HPMC dissolution from flurbiprofen-containing matrices was higher than corresponding theophylline formulations because flurbiprofen is a poorly soluble drug and expected to jeopardise the integrity of gel layer, which can lead to faster HPMC dissolution. The presence of poorly soluble particles in the gel layer hinders the expansion of the polymer and decreases the resistance of the system to erosion, which increases the rate of release of the drug via erosion mechanisms (Table 1).

### 3.3- Matrix tablets erosion studies

In the hydrated gel layer on the matrix tablet surface, water exists in three distinct states; type I (freezable free or bulk water), type II (freezable bound water) and type III (bound water) (Asare-Addo *et al.*, 2013a; Jhon and Andrade, 1973) and there is a moisture gradient which is present from the outer surface which is in contact with liquid to the inner dry polymeric matrix core (McCrystal *et al.*, 1997). Once the polymer outer surface completely hydrates, the polymeric chains start to dissolve and this leads to matrix erosion. The erosion and drug dissolution rate are significantly influenced by the presence of drugs, viscosity, chemistry, ionic strength and particle size of drug and polymer (Asare-Addo *et al.*, 2013a; Asare-Addo *et al.*, 2013b; He *et al.*, 2001; Li *et al.*, 2005; Maderuelo *et al.*, 2011).

The degree of matrix erosion is shown in Figure 3 and 4, reported as % matrix erosion (E) and reflects the collective amount of polymer and drug dissolved. In the present study, the mass loss from the matrices increased gradually over time. The matrices prepared with 100 % HPMC eroded slowly compared to those containing drugs (theophylline or flurbiprofen). Both methods for determining erosion, GM and SA, gave similar results, with the erosion rate of 100% HPMC matrices being  $0.011\% \text{ min}^{-1}$  (Table 2). The matrices prepared with

80:20, HPMC: THP have slowest erosion rate ( $GM = 0.033$  and  $SA = 0.028 \% \text{ min}^{-1}$ ) and the rate tends to increase as HPMC content decreases. The erosion rate of matrices containing 20:80, HPMC: THP was 0.089 and 0.088  $\% \text{ min}^{-1}$  respectively with SA and GM methods. Similarly the erosion rate of, 80:20, HPMC:FBP was lower ( $GM = 0.027 \% \text{ min}^{-1}$  SA = 0.028  $\% \text{ min}^{-1}$ ) increasing to 0.104 and 0.100  $\% \text{ min}^{-1}$  respectively with both SA and GM methods as the HPMC levels declined in the matrix tablets, suggesting that these matrices have reduced resistance to erosion. Moreover, it was obvious that erosion increased as the drugs were incorporated in the matrices (Table 2), with erosion rates being slower for the more water-soluble theophylline as described before.

### 3.4- Quantitative relationship between GM and SA

The validity of the phenol-sulphuric acid assay to study polymer dissolution and matrix erosion was determined by comparison with the more established gravimetric method. Mass balance was achieved in all cases and the matrix erosion rates and degree of matrix erosion (%) calculated using both techniques are reported in Table 2 and Figures 3 and 4, respectively. There was a high correlation between the results from both techniques (Figure 5), with adjusted  $R^2$  of 0.998 and 0.988 for flurbiprofen and theophylline respectively (supplementary data). Furthermore, matrix erosion (%) over time showed a higher degree of correlation when both methods were compared (Figure 6, a and b), with residual  $R^2$  ranging between 0.986-0.998 and analysis of residuals showed random distribution about the horizontal axis (supplementary data). The PSA assay can be used for determining neutral sugars in oligosaccharides, polysaccharides, proteoglycans, glycoproteins and protein lipids and can be scaled down to a microplate retaining sensitivity, with potential for high throughput screening, down to 1 nmol for some sugars (Masuko et al., 2005). This method determines the total sugars present as the sulfuric acid causes all non-reducing



sugars to be converted to reducing sugars, so it is non-stoichiometric and therefore necessary to prepare a calibration curve using a series of standards of known carbohydrate concentration. The assay can provide a simple, cheap, robust and rapid analysis, and has been successfully applied in this study to determine dissolved HPMC and to characterise matrix erosion of hydrophilic matrices in *in vitro* dissolution studies.

### 3.5- Inter-relationship between HPMC erosion and drug release kinetics

It is apparent from results shown in Table 1 that as the HPMC to drug ratio in a matrix tablet varies, the drug release diffusional co-efficient ( $n$ ) values change. It can be predicted from the  $n$  values (Table 1) that both diffusion and erosion are involved during drug release. It has reported in previously that water soluble drugs were released dominantly by diffusion through the gelatinous layer and poorly soluble drugs by erosion of the matrix tablet (Bettini et al., 2001; Yang and Fassihi, 1997). This is corroborated in this study with erosion dominating when flurbiprofen was released and diffusion in the case of theophylline release. Figure 7 shows the relationship between the diffusional co-efficient ( $n$ ) values of drugs and HPMC erosion rate ( $k$ ), with a simple regression analysis applied to model the relationship. It is apparent that there is a linear relationship between the  $n$  values and HPMC erosion rate ( $k$ ); the diffusional exponents are lower for the less water soluble drug, flurbiprofen, at all drug:polymer ratios, indicating that they are less dependent on diffusional drug release and thus a better correlation was apparent between  $n$  and polymer erosion rate. Poorly soluble drugs have the ability to disrupt the gel layer structure leading to higher degree of matrix erosion.

### Conclusion

Although drug release from HPMC matrix devices is complex and multifaceted, this  
395 simplified practical approach can be used to assess the impact of formulation parameters on  
drug release during product development and optimisation. Hydrophilic matrices containing  
HPMC as the polymer and different drugs, theophylline and flurbiprofen, were evaluated  
for drug content, degree of matrix erosion, HPMC and drug release properties.

A phenol-sulphuric acid assay was successfully adopted for the quantification of dissolved  
400 HPMC in the dissolution media. The HPMC dissolution rate increased as the level of  
HPMC decreased in the matrix tablets. Thus it leads to a conclusion that HPMC levels and  
solubility of drugs are important factors to consider during the designing of hydrophilic  
matrix tablet formulations.

The release of FBP and THP was through an anomalous transport mechanism, however,  
405 Fickian diffusion and erosion dominated in THP and FBP matrices, respectively. The  
phenol-sulphuric acid assay also identified an inter-relationship between HPMC erosion  
rates ( $H_e$ ) and Korsmeyer–Peppas parameter,  $n$ ,

The matrix erosion results obtained from newly adopted method, phenol-sulphuric acid  
assay confirm that the solubility of drug and levels of HPMC in a particular matrix tablet  
410 significantly affect the matrix erosion rate and results were similar to those determined  
using the much more labour-intensive gravimetric method. Moreover, the combination of  
conventional UV drug analysis technique and phenol-sulphuric acid assay can be used to  
simultaneously quantify the matrix erosion, polymer dissolution and drug release kinetics in  
a single set of experiments avoiding the need for separate studies.

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## List of figures

Figure 1, Effect of HPMC concentration on (a) theophylline and (b) flurbiprofen release from matrix tablets.

610 Figure 2, Effect of HPMC concentration on the HPMC dissolution from (a) theophylline and (b) flurbiprofen - containing matrix tablets.

Figure 3, Matrix erosion profiles of HPMC/THP matrix tablets, (a) gravimetric technique and (b) phenol-sulphuric acid assay method.

615 Figure 4, Matrix erosion profiles of HPMC/GBP matrix tablets, (a) gravimetric technique and (b) phenol-sulphuric acid assay method.

Figure 5, Comparative analysis of erosion rates calculated from both techniques.

Figure 6, Comparative analysis of degree of erosion calculated from both techniques (a) theophylline matrices and (b) flurbiprofen matrices.

620 Figure 7, Comparative analysis between HPMC erosion rate ( $k$ ) and drug release diffusional exponent ( $n$ ).

## List of tables

625

Table 1, HPMC and drug release kinetic parameters for theophylline and flurbiprofen matrix tablets (standard deviations are in parenthesis).

Table 2, Matrix erosion kinetic parameters for theophylline and flurbiprofen matrix tablets.

630 **Supplementary data:**

## Figures:

Figure 1, Residual plot of comparative degree of erosion between GM and SA techniques.

635 Figure 2, Residual plot of comparative degree of erosion between GM and SA, theophylline matrices.

Figure 3, Residual plot of comparative degree of erosion between GM and SA, flurbiprofen matrices

**Tables:**

640 Table 1, Comparison of erosion rates of matrix tablets from gravimetric and sugar assay from residual plots.

Table 2, Comparison of degree of erosion (%) of matrix tablets from gravimetric and sugar assay from residual plots (standard error is in parenthesis).

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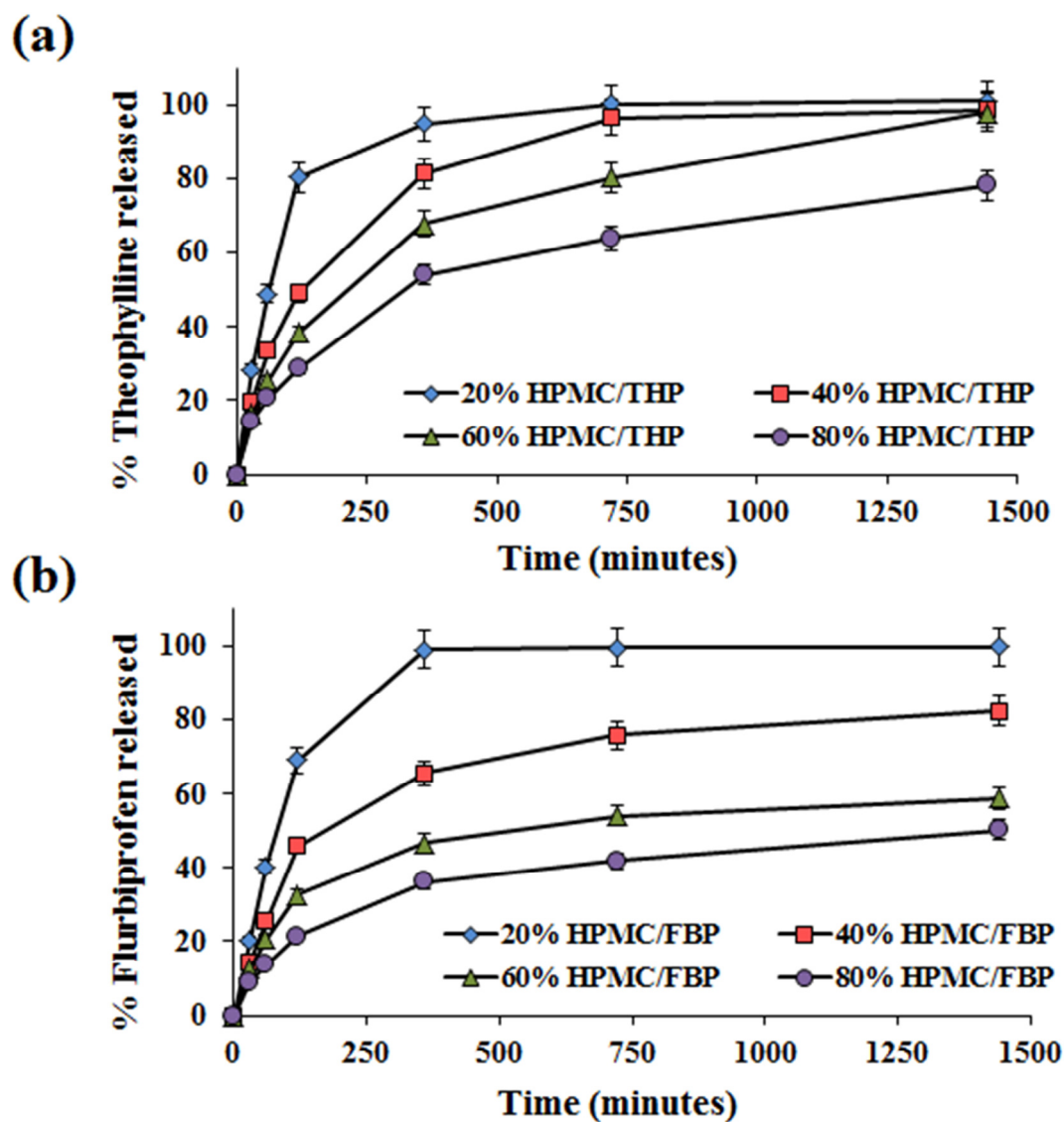


Figure 1. Effect of HPMC concentration on the theophylline (a) and flurbiprofen (b) release from matrix tablets.

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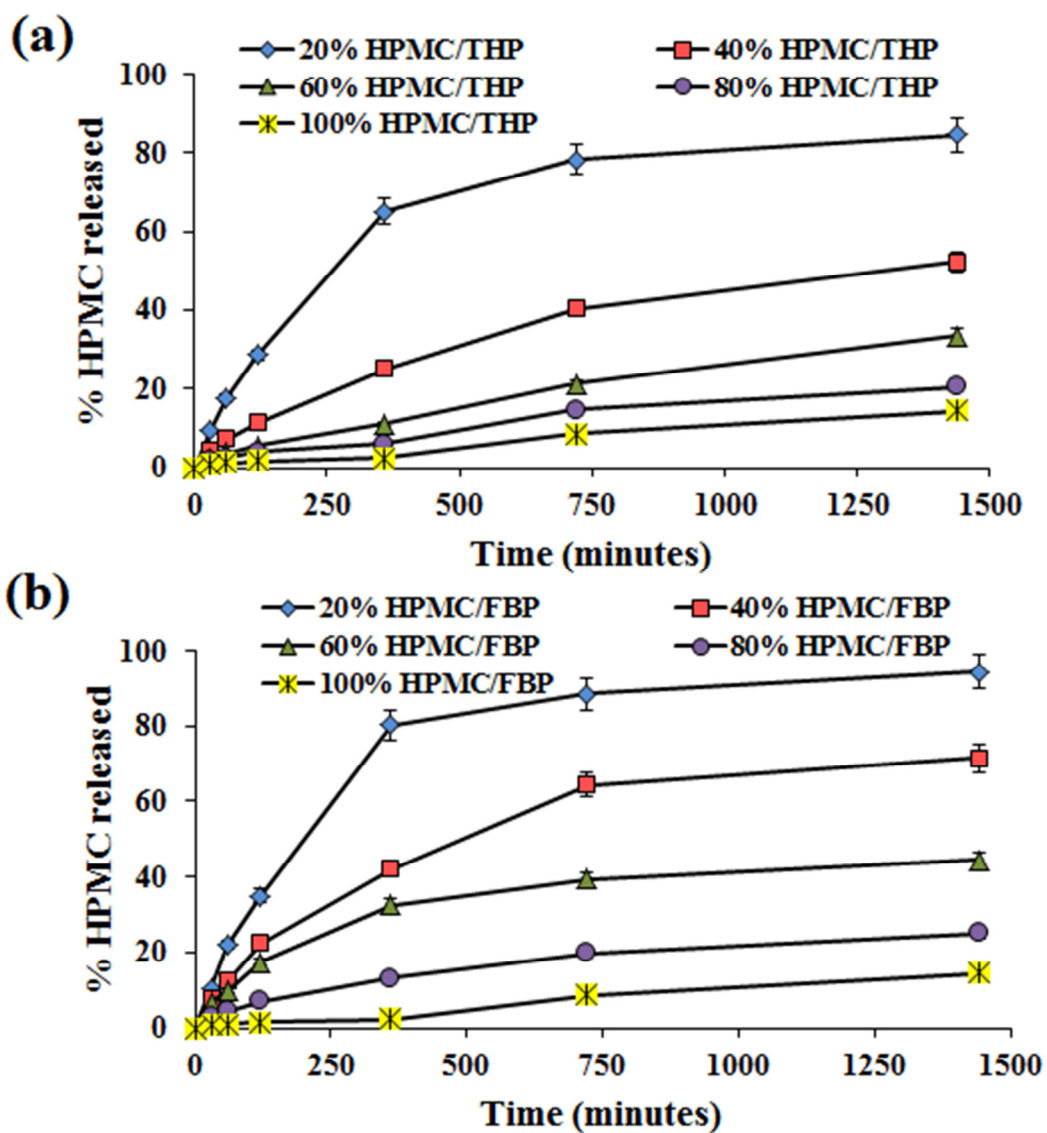


Fig. 2. Effect of HPMC concentration on the HPMC dissolution from theophylline (a) and flurbiprofen (b) containing matrix tablets.

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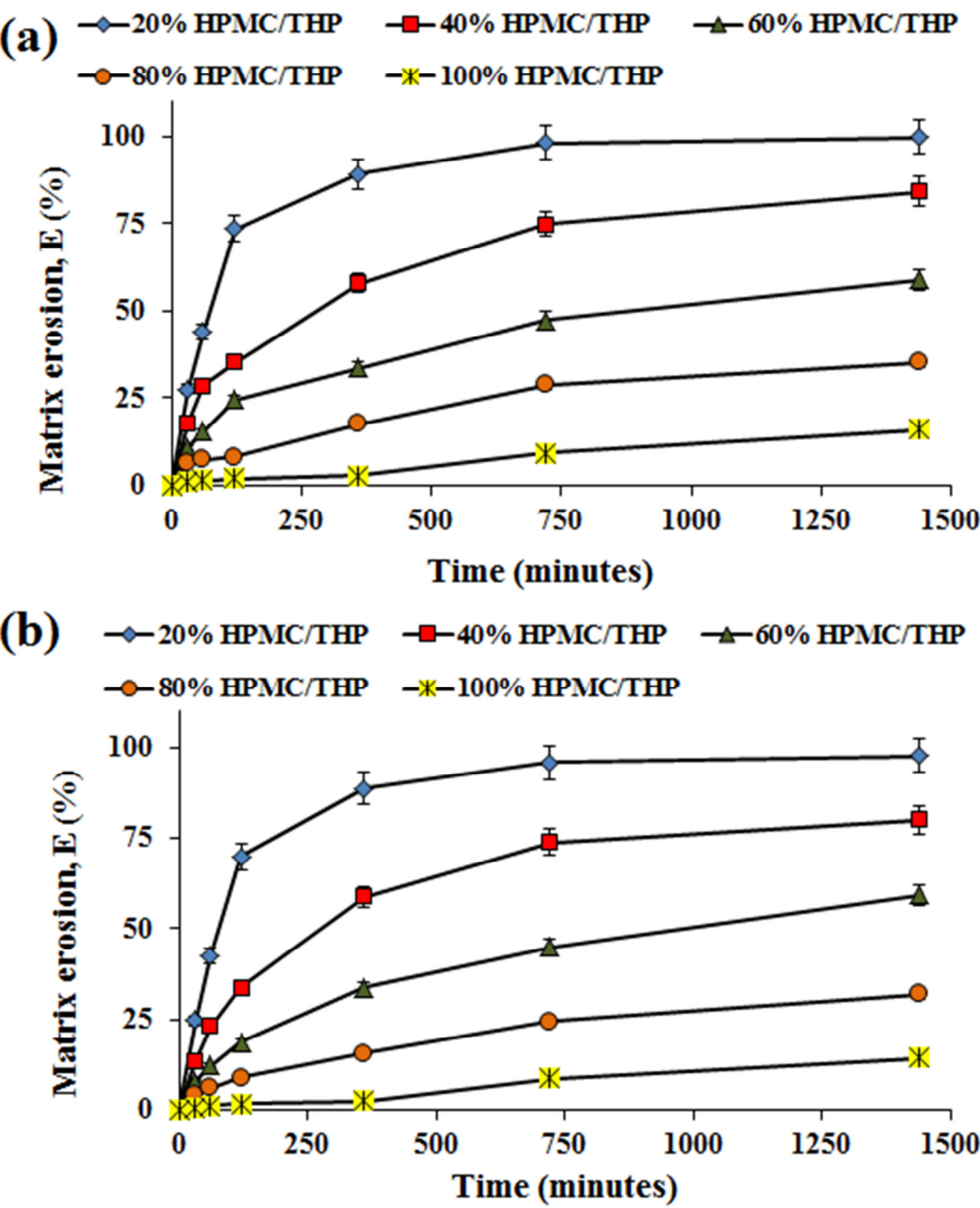
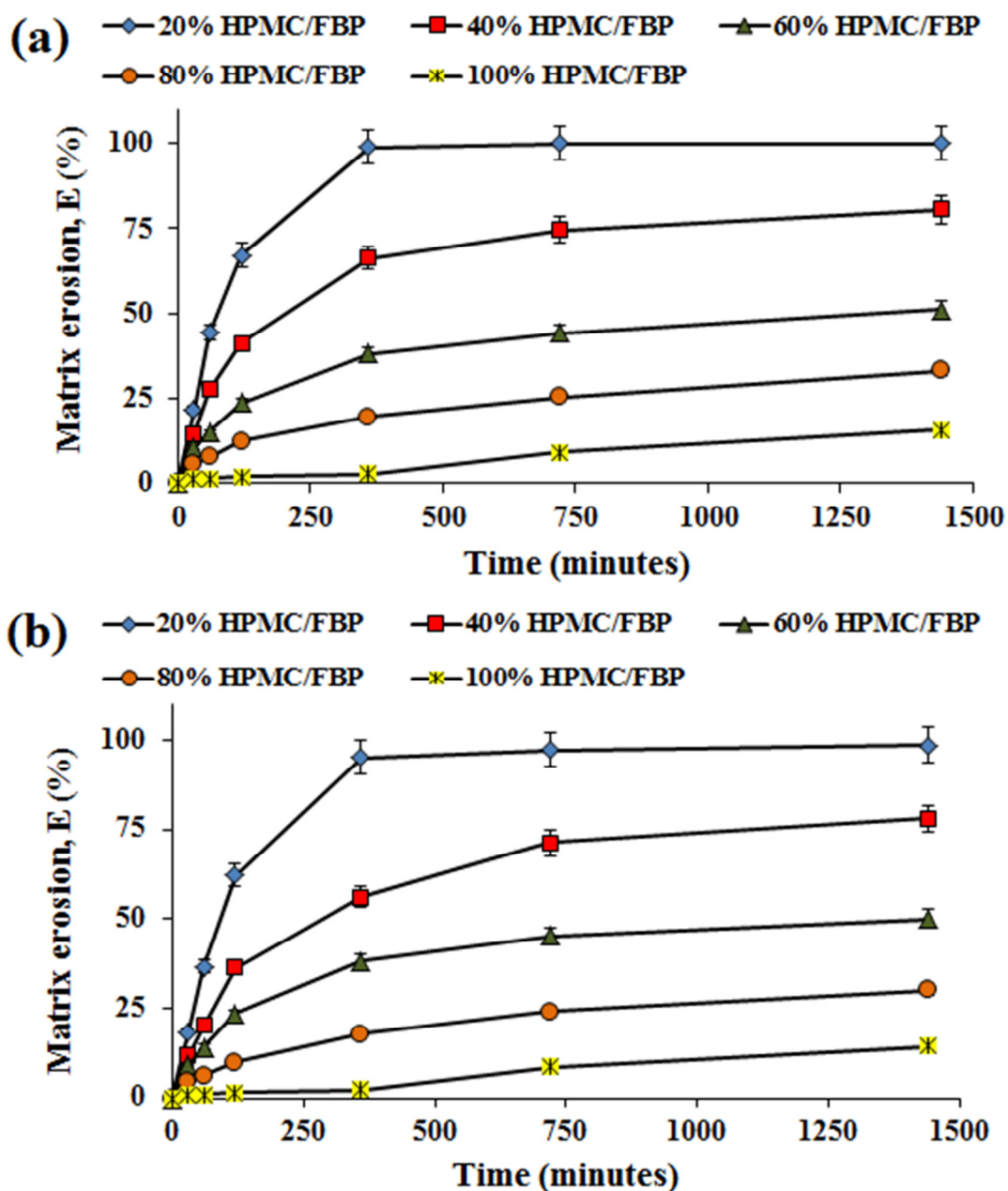


Fig. 3, Matrix erosion profiles of HPMC/THP matrix tablets, gravimetric technique (a) and phenol-sulphuric acid assay method (b).



685 Figure 4, Matrix erosion profiles of HPMC/FBP matrix tablets, gravimetric technique  
(a) and phenol-sulphuric acid assay method (b).



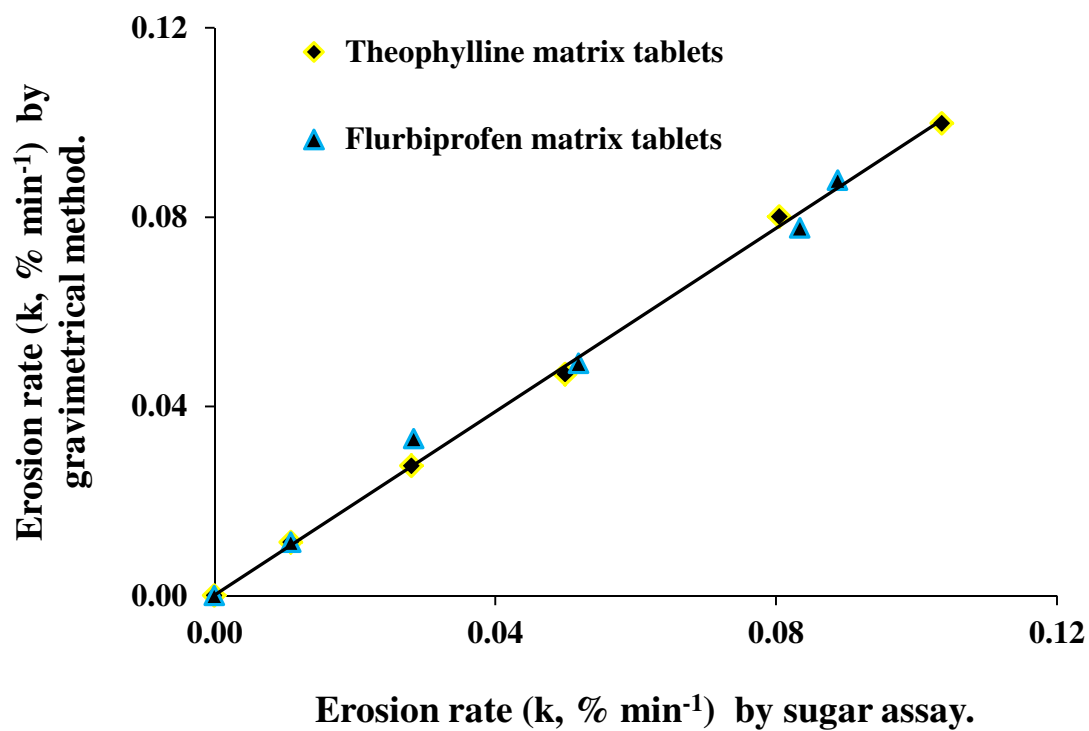
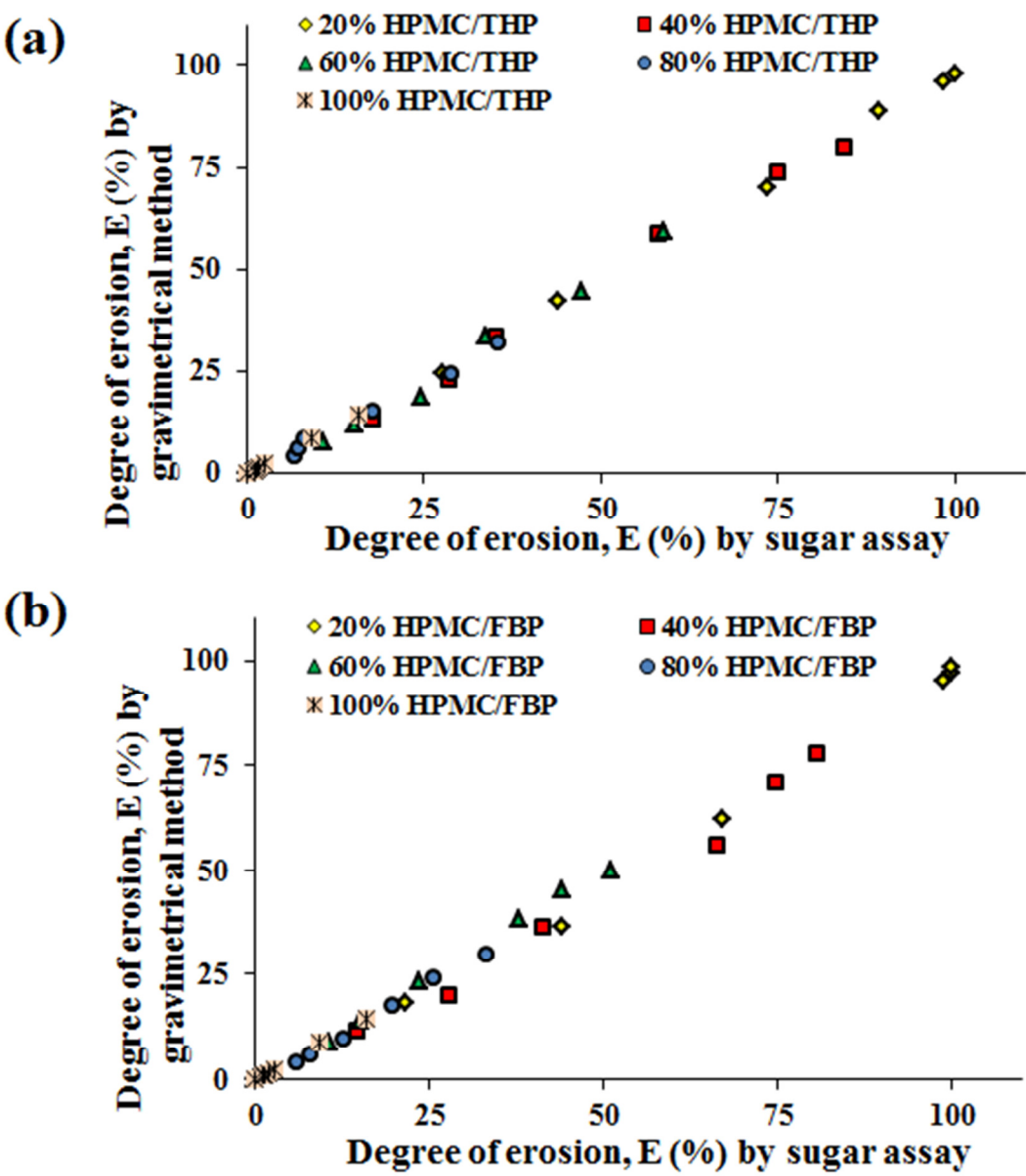


Figure 5. Comparative analysis of erosion rates calculated from both techniques.

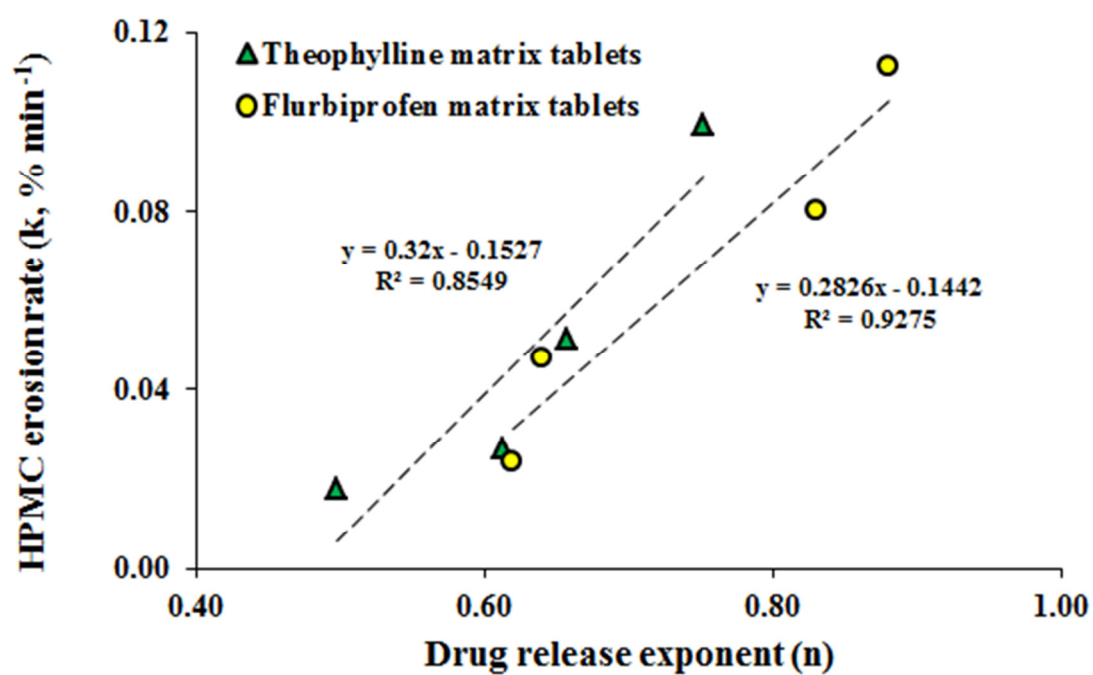


725 **Figure 6.** Comparative analysis of degree of erosion calculated using both techniques, theophylline matrices (a) and flurbiprofen matrices (b).

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**Figure 7. Comparative analysis of HPMC erosion rate (k) and drug release diffusional exponent (n).**

750     **Table 1, HPMC and drug release kinetics parameters of theophylline and flurbiprofen matrix tablets** (standard deviation are in parenthesis)

HPMC:Theophylline	HPMC:Flurbiprofen	Drug release kinetics parameters		t <sub>60</sub> (%)*		t <sub>120</sub> (%)**	
		<i>n</i>	R <sup>2</sup>	Drug	HPMC	Drug	HPMC
100:0	100:0	-	-	-	1.05	-	1.56
80:20	-	0.50	0.999	20.57 (1.02)	2.50 (0.12)	28.64 (1.43)	3.85 (0.19)
60:40	-	0.61	0.990	25.38 (1.26)	3.58 (0.17)	38.31 (1.91)	5.50 (0.27)
40:60	-	0.66	0.997	33.58 (2.43)	7.30 (0.36)	48.95 (2.44)	11.20 (0.56)
20:80	-	0.75	0.999	48.69 (1.67)	17.67 (0.88)	80.32 (4.01)	28.52 (1.42)
-	80:20	0.62	0.997	13.65 (0.68)	4.33 (0.21)	21.37 (1.06)	6.98 (0.34)
-	60:40	0.64	0.994	20.64 (1.03)	9.65 (0.48)	32.68 (1.63)	17.32 (0.86)
-	40:60	0.83	0.999	25.36 (1.26)	12.36 (0.61)	45.87 (2.29)	22.36 (1.11)
-	20:80	0.88	0.995	40.31 (2.01)	21.98 (1.09)	68.96 (3.44)	34.89 (1.74)

t<sub>60</sub> \* = Percent drug/HPMC release at 60 minutes, t<sub>120</sub> \*\* = Percent drug/HPMC release at 120 minutes

**Table 2, Matrix erosion kinetics parameters of theophylline and flurbiprofen matrix tablets.**

HPMC:Theophylline	HPMC:Flurbiprofen	Erosion rates (k, %min <sup>-1</sup> )					
		SA*	R <sup>2</sup>	GM**	R <sup>2</sup>	H <sub>e</sub> ***	R <sup>2</sup>
<b>100:0</b>	<b>100:0</b>	0.011	0.918	0.011	0.915	0.011	0.918
<b>80:20</b>	-	0.028	0.989	0.033	0.996	0.018	0.970
<b>60:40</b>	-	0.052	0.946	0.049	0.937	0.027	0.997
<b>40:60</b>	-	0.083	0.917	0.078	0.939	0.051	0.990
<b>20:80</b>	-	0.089	0.716	0.088	0.716	0.099	0.903
-	<b>80:20</b>	0.028	0.952	0.027	0.931	0.024	0.979
-	<b>60:40</b>	0.050	0.874	0.047	0.874	0.047	0.899
-	<b>40:60</b>	0.081	0.890	0.080	0.833	0.080	0.976
-	<b>20:80</b>	0.104	0.734	0.100	0.710	0.112	0.853

\*SA = Sugar assay technique, \*\*GM = Gravimetric method, \*\*\*H<sub>e</sub> = HPMC erosion rate

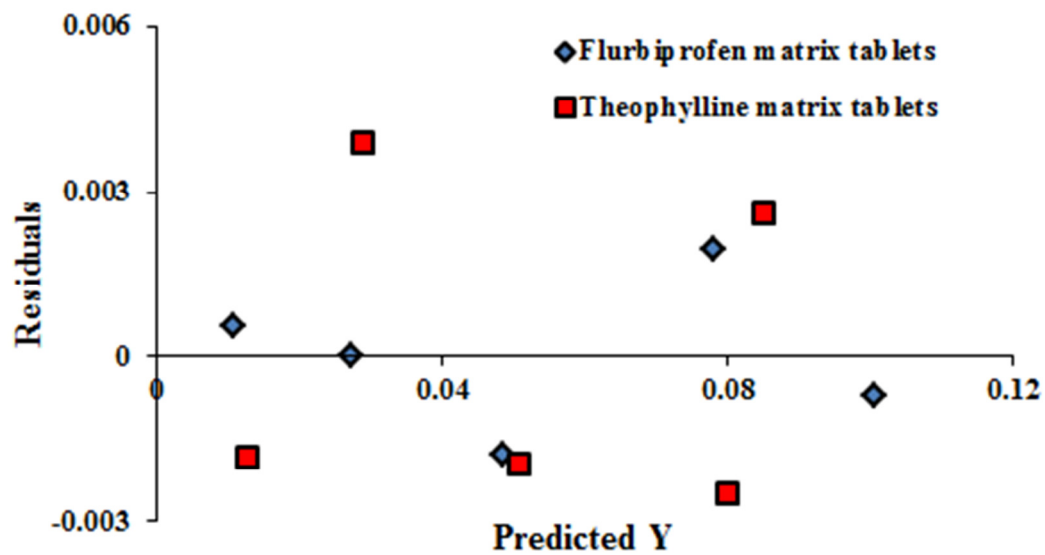


Figure 1, Residual plot of erosion rate, a comparison between GM and SA techniques.

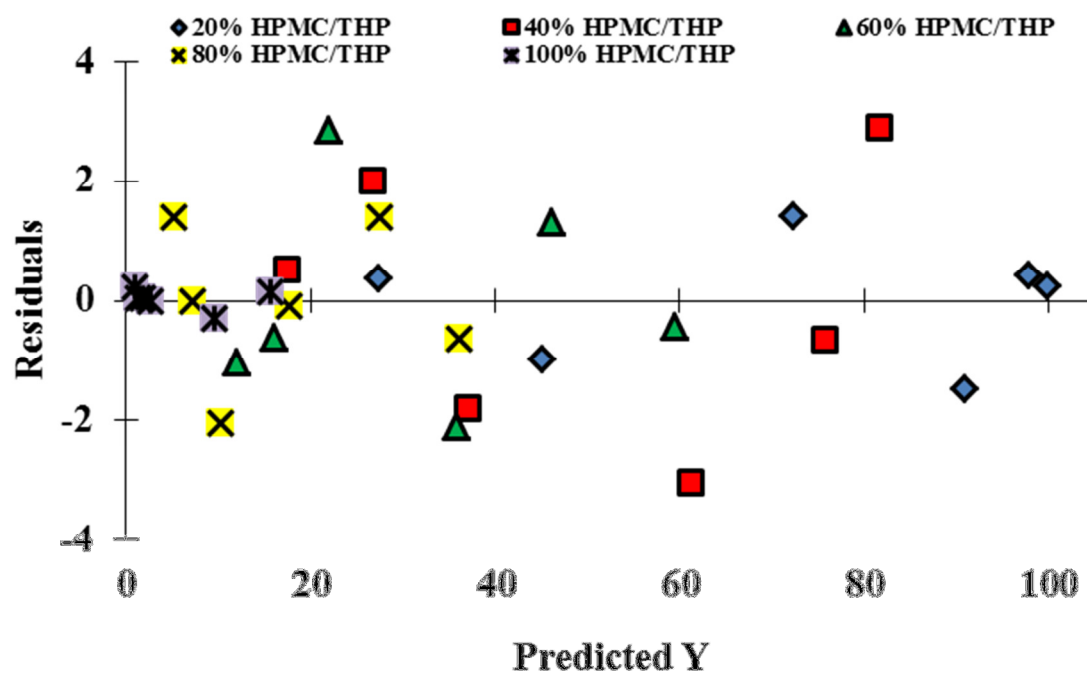
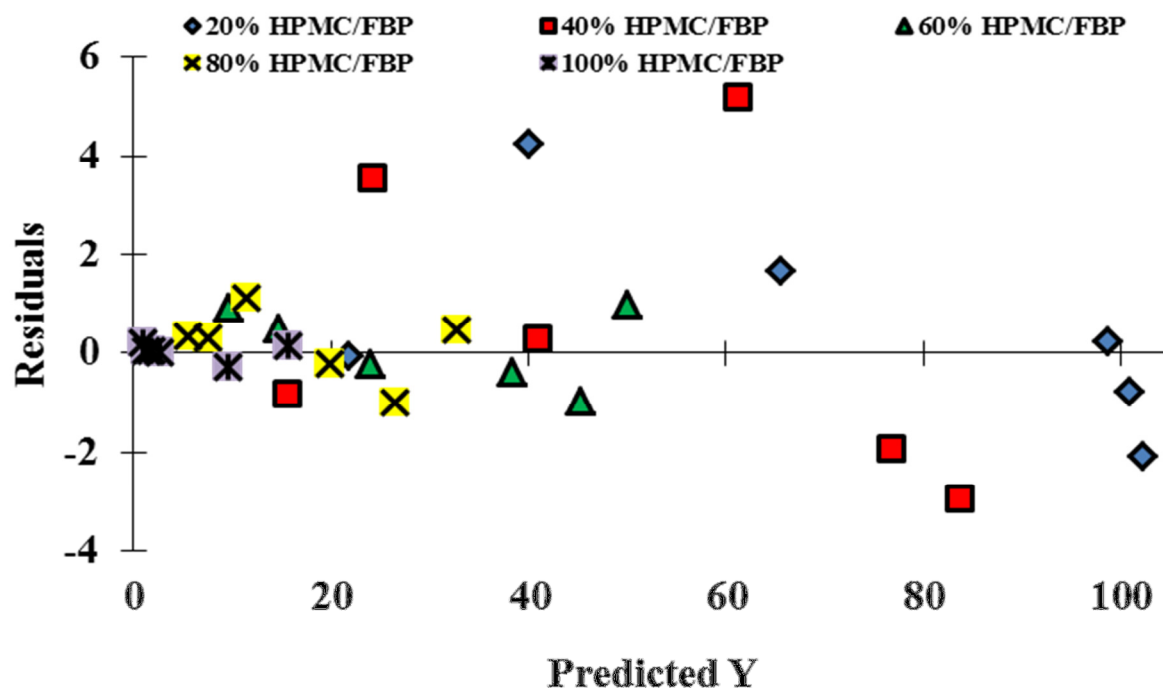


Figure 2, Residual plot of comparative degree of erosion between GM and SA, theophylline matrices.



**Figure 3, Residual plot of comparative degree of erosion between GM and SA, flurbiprofen matrices**

**Table 1, Comparison of erosion rates of matrix tablets from gravimetric and sugar assay from residual plots.**

<b>Type of matrices</b>	<b>Adjusted R<sup>2</sup></b>	<b>Standard error</b>
Flurbiprofen matrices	0.998	0.0016
Theophylline matrices	0.988	0.0034

**Table 2, Comparison of degree of erosion (%) of matrix tablets from gravimetric and sugar assay from residual plots (standard error is in parenthesis).**

<b>HPMC:Theophylline</b>	<b>HPMC:Flurbiprofen</b>	<b>Correlation co-efficient</b>
		<b>R<sup>2</sup></b>
<b>100:0</b>	<b>100:0</b>	0.998 (0.18)
<b>80:20</b>	-	0.986 (1.45)
<b>60:40</b>	-	0.988 (1.99)
<b>40:60</b>	-	0.991 (2.53)
<b>20:80</b>	-	0.998 (1.17)
-	<b>80:20</b>	0.994 (0.86)
-	<b>60:40</b>	0.997 (0.87)
-	<b>40:60</b>	0.986 (3.57)
-	<b>20:80</b>	0.995 (2.68)