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Original Citation

Dunkley, Liza (2011) Developing an Orthotics Resource for Decision Making with Intergrated CPD :A Clinical Governance Project (CPOD). In: The Society of Chiropractors and Podiatrists 2011, November 2011, Harrogate Conference Centre. (Unpublished)

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Developing an Orthotics Resource for Decision Making with Intergrated CPD : A Clinical Governance Project CPOD



Inspiring tomorrow's professionals



Liza Dunkley
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Sarah Lewis



Inspiring tomorrow's professionals

Outline

- Aims and Rationale
- Clinical Governance
- CPD
- Orthotics Resource - Design
- Orthotics levels
- Skills Assessment and Reflection
- Future Developments



Aim

What are the aims?

- To develop an accessible tool to support clinical reasoning and the decision making process.
- To consider factors that may affect either the choice of design or the outcome of the prescription
- To encourage podiatrists to engage in CPD through critical clinical reflection of their own rationale for their prescription writing

It is not the intention of the e-resource

- to provide a clinical pathway
- to endorse one particular podiatric biomechanical theory
- To act as a substitute for a practitioners clinical judgement

CPOD CPD resource



Why is it needed?

- Clinical Governance - variation in provision of foot orthoses between practitioners and services
- Many challenges – cost implications, professional development issues, decision making process and time management.
- Planning and evidencing via a CPD framework
- Assist with service development and evaluation

How does C.G. apply to the prescription of foot orthoses?



CPD

“A range of learning activities through which health professionals maintain and develop throughout their career to ensure that they retain their capacity to practice safely, effectively and legally within their evolving scope of practice”

HPC requirements

Life long learning

Reflection

Patient centred

Relevant to current practice

*Make changes to improve a
service*

Orthotic types

Design features

CPD framework

CPD log



SUPINATION RESISTANCE

**STJ TRANSVERSE PLANE
AXIS POSITION**

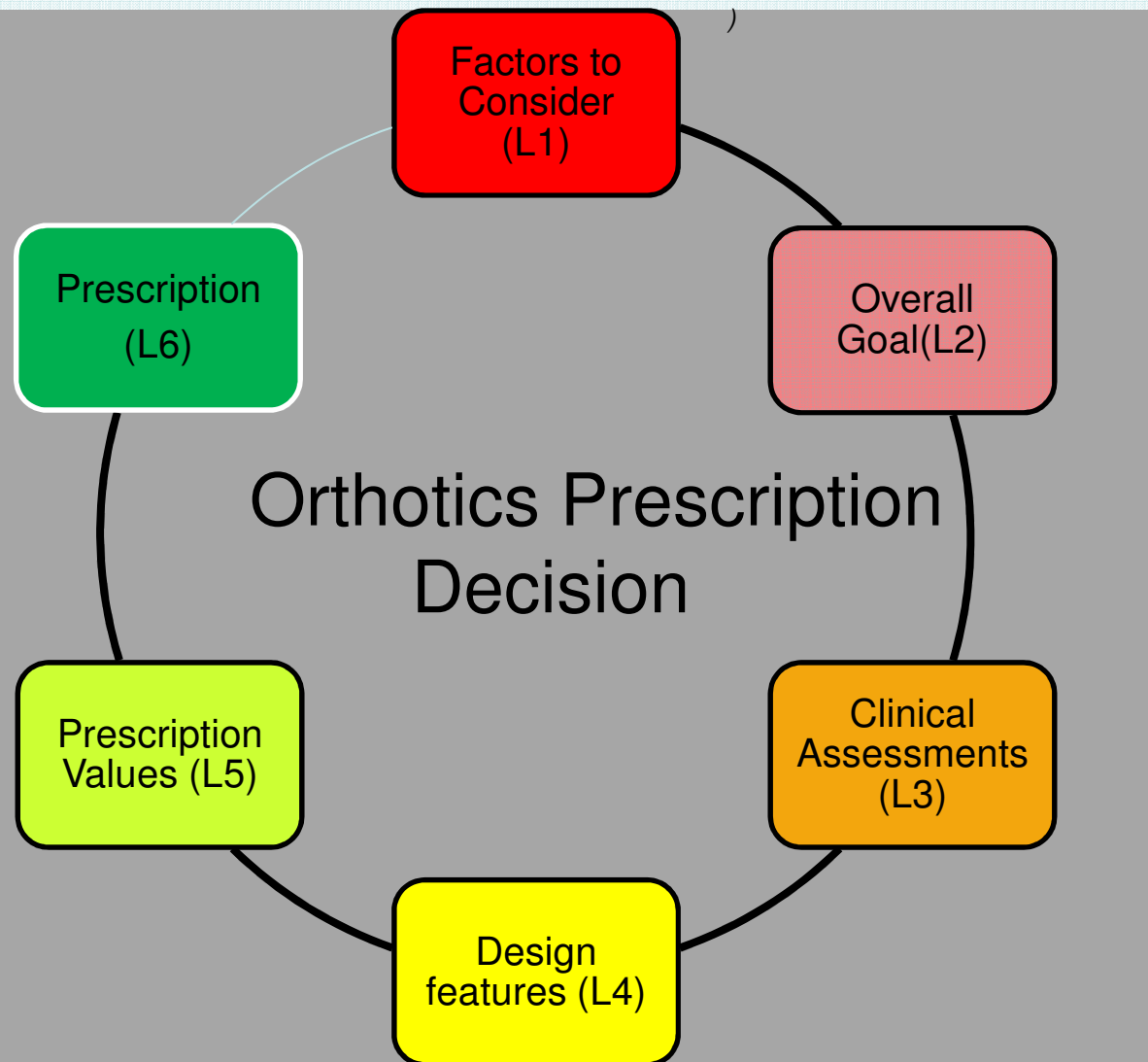
**F/F STABILITY TEST
PUSH OFF POSITION**

**ANKLE D/FLEXION W/B
LUNGE POSITION**

**WINDLASS MECHANISM
JACKS TEST**

FUNCTIONAL H LIMITUS

NAVICULAR DROP/DRIFT
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Traffic Light System

- Level 1 Factors to consider before you progress
- Level 2 Set your goals
- Level 3 Undertake your clinical tests
- Level 4 Consider your orthotic design to achieve your functional objectives
- Level 5 Write your prescription
- ↓
- Level 6 Justify your decision making



Factors to consider

Compliance Footwear Cost Force Required Disease process



Goal setting

Goal Theory



Clinical Assessments

Objectives



Design

Fabrication method Design features Material



Prescription Values

Dimensions Position



Decision

L6 YOUR DECISIONS

Stage 1 CPD plan Skills Evaluation



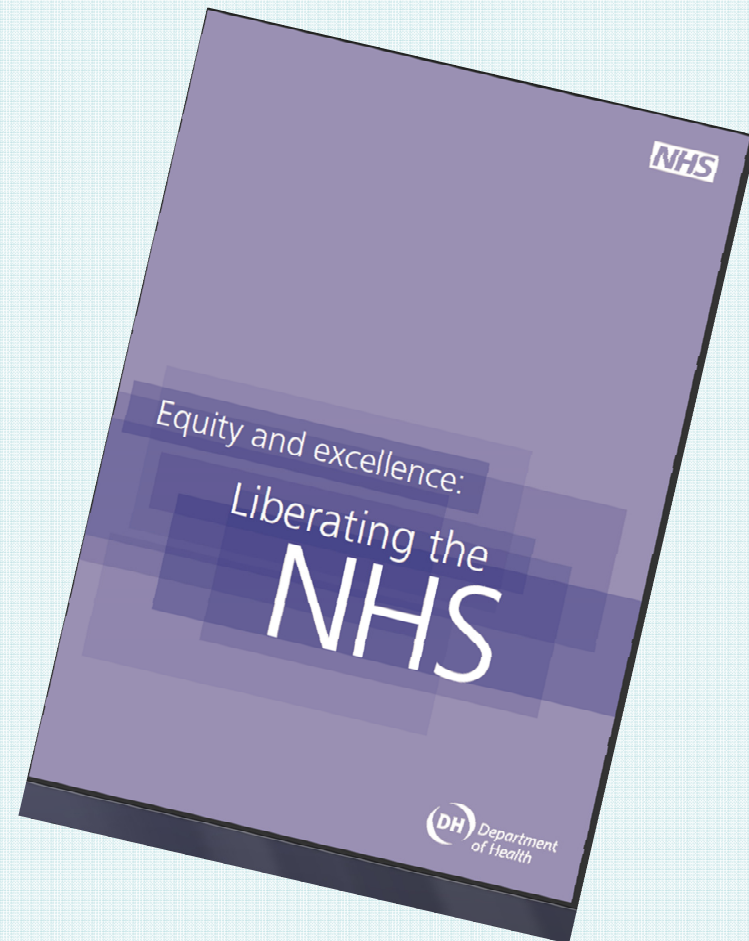
What do I need to learn ?	How will I achieve this?	What resources or support is needed ?	What will my success criteria be?	Target dates for review and completion?
Level 1				
Level 2				
Level 3				
Level 4				
Level 5				

Future Developments

- Feedback
- Service evaluation
 - Service users PCT / podiatrists
 - Students undergraduate/ post graduate
 - Appropriateness and effectiveness
- Navigation to key journal papers and recommended reading for self directed study
- Integration with social media

Clinical Governance and impact on health care policy

- Expertise and shared decision making
- PATIENT focus
- “No decision about me, without me”



References



- Health Professions Council, (2004) 'Continuing Professional Development- Consultation Paper'