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Attention Restorative Activities used in the Management of Fatigue

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Attention Restorative Activities used in the Management of Fatigue

Division of Health and Rehabilitation
School of Human and Health Sciences

Marilyn Kirshbaum, Reader in Nursing

31 March 2011
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The Grand Team

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Attention Restorative Theory

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Fatigue and Long Term Conditions

- Diabetes
- COPD
- Cardiac conditions
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- Cancer
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- Chronic pain
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Our Approach

Systematic Review

Pilot Study

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From the literature so far.......
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