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In 2004 the National Institute of Health and Clinical Excellence published that 1.6 million people were suffering from an eating disorder in the UK. 92% of the 1.6 million sufferers chose not to tell any one.

"When women compare their body with an image presented in the media, they almost invariably find them selves wanting."

"Virtually every home has a television set, switched on for an average of 7 hours per day, with individuals each watching 3 or 4 hours..."