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Visual Reflection

Reflective practice is a well-established and integral part of teacher training programmes. This action research project investigated the effectiveness of a visual form of reflection by PGCE students training to be Art and Design teachers in the post-compulsory sector.

Conclusions...
Visual reflection offered an alternative and creative way for students to consider their learning and development. The exercise was a successful attempt to move beyond 'ritualistic reflection', wherein reflection provides little more than spurious 'evidence' of reflection in order to meet the 'requirement to reflect' (Ash and Moore 2002: 5). The experience may also be described as an effective example of 'intra-professional verbalised reflection' (ibid 2002: 8) - reflection carried out in the company of others in the same 'community of practice'. As a result, it is recommended to other educators looking for ways to develop their learners' reflective thinking and practice.