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How useful is what we have? Limitations of Cochrane Reviews, the case of substance treatment in pregnancy

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Insufficient evidence for psycho-social interventions overall

Contingency Management is effective in improving treatment retention and transiently reducing illicit drug use in pregnant women. Insufficient evidence to support the use of Motivational Interviewing.

No evidence

No studies, not applicable

Insufficient evidence to recommend one treatment over another

Small sample sizes possibility of Type II error

Generalisability:
> 90% of all study participants were poor, African American, unemployed, with extremely low education. Not applicable