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How useful is what we have? Limitations of Cochrane Reviews, the case of substance treatment in pregnancy

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treatment programs compared to other interventions (Terplan 2007)

Insufficient evidence for psycho-social interventions overall

Contingency Management is effective in improving treatment retention and transiently reducing illicit drug use in pregnant women. Insufficient evidence to support the use of Motivational Interviewing.

Generalisability:
> >90% of all study participants were poor, African American, unemployed, with extremely low income.

No evidence

Insufficient evidence to recommend one treatment over another.

Small sample sizes, possibility of Type II error.

No studies, not applicable.