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Learning about yourself in the band rehearsal

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Have you ever seen yourself - as others see you?

Do you really know yourself - as others know you?

Would you like to improve your self-awareness?

Peer assessment of ‘personal weaknesses’

<table>
<thead>
<tr>
<th>Personal weaknesses</th>
<th>HA</th>
<th>OM</th>
<th>SC</th>
<th>TP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open to ideas</td>
<td>x</td>
<td>3/5</td>
<td>3/5</td>
<td>x</td>
</tr>
<tr>
<td>Blinkered?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Willingness to help</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>5/5</td>
</tr>
<tr>
<td>Others Not helping?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Enthusiasm</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>4/5</td>
</tr>
<tr>
<td>Lacking enthusiasm?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Team member</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>3/5</td>
</tr>
<tr>
<td>Taking too much</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Confident</td>
<td>3/5</td>
<td>3/5</td>
<td>4/5</td>
<td>x</td>
</tr>
<tr>
<td>Lacking confidence?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Learn lyrics quickly</td>
<td>4/5</td>
<td>x</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Leaving it last</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>minute?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Listening to others</td>
<td>x</td>
<td>x</td>
<td>2/5</td>
<td>x</td>
</tr>
<tr>
<td>Disregarding others?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributing to</td>
<td>3/5</td>
<td>2/5</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>ideas Too quiet?</td>
<td></td>
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</tbody>
</table>

Self knowledge...

Pedagogical Research

Overview
Pedagogical research in popular music

Focus
How might peer assessment and learning activities help to improve our personal attributes as they are displayed in band rehearsing?

How can we develop an improved awareness of our personal attributes and those of others in rehearsing?

Methodology

Action research conducted during 2001-2007
It involved 170 undergraduate popular music students and 80 bands

Informed by social constructivist thought

Extensive peer marking data
Sixteen in-depth individual interviews

Personal attributes

What might be the nature of our personal attributes as they are displayed in rehearsing?

Attributes that the band feel are important to them?
Attributes that are important to each band member?
Our personal ‘strengths’ in the rehearsal?
Our personal ‘weaknesses’ in the rehearsal?

Feedback...

"an exceptional way of getting feedback" – TL
"it enables you to understand how to improve" – TP
"it teaches you to try harder, do better" – OD, HA, NL, HS
"hard to work with people who cannot accept criticism" – OD
"my [self-selected] weaknesses – they’re not what the other people would perceive as my weaknesses" – SA

Confidence......

"I’ve always been the one to kind of take a back seat and kind of just let things happen. I’m not as confident, I guess, as I would like to be in the position of deciding this, that and other. I’ve learnt to be more assertive" – DS
"It made me look a lot more at myself; and looking at their confidence like, with mine” – TL
"You definitely notice people who are confident … put their ideas forward more than people who tend to maybe not have had as much experience of playing with people” – TP

Interviews

Grounded theory analysis produced four substantive categories

Marking scale 1–5 (1 = poor; 5 = excellent)

Honesty....

"There are difficulties in letting the truth face to face, no written feedback, I thought" – TL, HS
"written feedback avoids confrontation" – HA, SA
"It’s much more effective our friends” – OD
"I try to be honest with my friends” – HA, MR
"some give friends better marks…
I’m more critical with strangers" – OD
"personal feelings get in the way sometimes, and people will purposely mark low out of spite” – TL

"It made me look a lot more at myself” – TL
"subconsciously, I was always thinking about things I’d to improve on” – TP
"If the people know what they think of you as well as what you think of yourself” – OD