A Pilot Study Exploring Quality of Life Experienced by Patients Undergoing Negative Pressure Wound Therapy As Part of Their Wound Care Treatment Compared to Patients Receiving Standard Wound Care

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**OBJECTIVES**

To explore satisfaction and quality of life experienced by patients undergoing negative pressure wound therapy (NPWT) as part of their wound care treatment in comparison to that of patients with a wound using traditional (standard) wound care therapies.

**BACKGROUND**

The use of Negative Pressure Wound Therapy (NPWT) has been widely documented as a technique to help heal complex wounds. Investigating patient levels of satisfaction with the therapy delivered is pivotal to patient concordance.

This paper presents the findings of a preliminary study which aimed to explore quality of life experienced by patients undergoing negative pressure wound therapy (NPWT) as part of their wound care treatment in comparison to that of patients with a wound using traditional (standard) wound care therapies.

**METHODS**

A quasi-experimental study was undertaken, with patients treated in wound care/vascular clinics with chronic/acute wounds. 21 patients were analysed: 10 started treatment on NPWT and 11 on standard therapy.

Quality of life (QoL) impact was measured using the Cardiff Wound Impact Schedule (CWIS) and administered post-treatment, to test the null hypothesis of no difference between the quality of life score in the patients who used NPWT and those who did not use NPWT as part of their wound care treatment. Further analyses of the effect of NPWT beyond 2 weeks was not possible due to insufficient numbers remaining on the therapy.

**RESULTS**

No real differences in quality of life scores were recorded by patients over the 12 week period on any scale. Figures show static series with overlapping confidence intervals.

**Results continued**

NPWT patients reported an increase in social life scores during the first 2 weeks of the application of therapy.

**CONCLUSIONS**

NPWT shows some limited QoL benefit, particularly in the social life domain. A larger study including healed and unhealed wounds treated with both NPWT and standard therapy could help to assess the influence of NPWT on wound healing time.

**REFERENCES**

Ousey K, Milne J, Cook L, Stephenson J, Gillibrand, WP (2012) A pilot study exploring quality of life experienced by patients undergoing negative pressure wound therapy as part of their wound care treatment compared to patients receiving standard wound care. International Wound Journal ISSN17424801