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A systematic approach to practice-based evidence in a psychological therapies service

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Figure 2. CORE-OM at referral, assessment, pre and post therapy and 6 month follow up (3471 Clients)
Figure 3. BDI at referral, assessment, pre and post therapy and 6 month follow up (3360 Clients)
Figure 4. CORE-OM Before & After Therapy

(n = 318)

- Reliable Improvement: n = 183 (58%)
- No Reliable Change: n = 124 (39%)
- Reliable Deterioration: n = 11 (3%)