University of Huddersfield Repository

Lucock, Mike, Leach, Chris, Iveson, Steve, Lynch, Karen, Horsefield, Carrie and Hall, Patricia

A systematic approach to practice-based evidence in a psychological therapies service

Original Citation


This version is available at http://eprints.hud.ac.uk/1468/

The University Repository is a digital collection of the research output of the University, available on Open Access. Copyright and Moral Rights for the items on this site are retained by the individual author and/or other copyright owners. Users may access full items free of charge; copies of full text items generally can be reproduced, displayed or performed and given to third parties in any format or medium for personal research or study, educational or not-for-profit purposes without prior permission or charge, provided:

- The authors, title and full bibliographic details is credited in any copy;
- A hyperlink and/or URL is included for the original metadata page; and
- The content is not changed in any way.

For more information, including our policy and submission procedure, please contact the Repository Team at: E.mailbox@hud.ac.uk.

http://eprints.hud.ac.uk/
Figure 2. CORE-OM at referral, assessment, pre and post therapy and 6 month follow up (3471 Clients)
Figure 3. BDI at referral, assessment, pre and post therapy and 6 month follow up (3360 Clients)
Figure 4. CORE-OM Before & After Therapy

\(n = 318\)

- **Reliable Improvement**: \(n = 183\) (58%)
- **No Reliable Change**: \(n = 124\) (39%)
- **Reliable Deterioration**: \(n = 11\) (3%)