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A systematic approach to practice-based evidence in a psychological therapies service

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Figure 2. CORE-OM at referral, assessment, pre and post therapy and 6 month follow up (3471 Clients)

[Box plot showing CORE-OM scores at different stages: Referral (n=2885), Assessment (n=1298), Pre-Therapy (n=569), Discharge (n=409), 6-Month Follow-Up (n=258).]
Figure 3. BDI at referral, assessment, pre and post therapy and 6 month follow up (3360 Clients)
Figure 4. CORE-OM Before & After Therapy

\(n = 318\)

- **Reliable Improvement**
  - \(n = 183\) (58%)

- **No Reliable Change**
  - \(n = 124\) (39%)

- **Reliable Deterioration**
  - \(n = 11\) (3%)

**Graph Details**

- **CORE-OM Before Therapy**
- **CORE-OM at Discharge**
- **CORE-OM Change (Before-After)**

**Legend**
- **RCD = 0%**
- **RCI = 42%**