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A systematic approach to practice-based evidence in a psychological therapies service

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Figure 2. CORE-OM at referral, assessment, pre and post therapy and 6 month follow up (3471 Clients)
Figure 3. BDI at referral, assessment, pre and post therapy and 6 month follow up (3360 Clients)
Figure 4. CORE-OM Before & After Therapy

*(n = 318)*

- **RCI = 42%**
- **RCD = 0%**
- **Reliable Improvement**
  *n = 183* (58%)
- **No Reliable Change**
  *n = 124* (39%)
- **Reliable Deterioration**
  *n = 11* (3%)