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Foot Ulcer Management Issues

Original Citation

Roberts, Peter and Newton, Veronica (2011) Foot Ulcer Management Issues. In: Clinical Solutions in Diabetes Care 2011, Thursday 3rd November 2011, York, UK.

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Foot Ulcer Management Issues

Networking your way to success

Foot Ulcer Management Issues -Introductions



Peter Roberts

Veronica Newton





Inspiring tomorrow's professionals

Insert date/name

Introducing – The foot in Diabetes













Introducing -The literature and key guidelines





diabetic foot ulcers	
Peter Roberts, Veronica Newton Peter Roberts is Sesior Lature in Pulsary, Querequir Comp in Policity, Querequir Comput, University of Haddenfeld	na University of Haddeepfeld; Vennica Newton is Senier Lativer Einselt prefers (Jund a. ek, senieten(Jund a. ek
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Determine tool citre meanments from two-rate (procession- of groups are increasingly being understated by GPs, prac- to nurses, and community nurses (Brockes, 2002; Samon et al, 2005). This employs packate froot care practitionen to effectate more time to people with a high-rack or uncertainty	The microwacular and macrowacular changes which procede dashetic rotatografty contral cardiac disorders and renal disease are also key in the development and penint-
Figure 1. Pathways to diabetic foot ulcer	
Pathway I (sascular aeticlogy) Perpheral arterial disease — Reduced taxas visibility —	Turney necronic and ulteration
Pathway 2 (secrelogical actiology):	and attain on timeses

Introducing Mr Smith





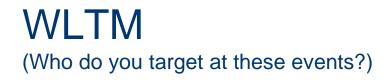
Age - 58 Type 2 Diabetes 20 years duration HbA1c - 75 mmol/mol BMI - 36Co morbidities – Hypertension, hyperlipidaemia, Stable Angina. Social – Car Salesman, nonsmoker, "moderate drinker", no formal exercise.

Introducing Mr Smith's foot





- Ulceration to plantar aspect of 2nd metatarsal head
- Painless
- Deep extending to joint capsule but not bone
- Moderate surrounding inflammation and exudates
- Maccerated callus surrounds wound edges.





Discussion task 1 – What immediate care and assessment does Mr Smith need?

Discussion task 2 – What referrals/management strategies are necessary for Mr Smith?

Assessment – First impressions last a lifetime



- Palpation of foot pulses
- 10g monofilament
- Appropriateness of footwear
- Visual inspection for foot deformities (NICE 2004)

Management –

How long until you know the relationship will work?



Inspiring tomorrow's professionals





• Plaster models – design a pad.





offloading









- Plaster models Choose a dressing to apply.
- Debate dressing choices...



Thank You!

Any questions?

Bullet Points for New Clinical Solutions



- New solutions come from new or improved working relationships
- Four simple assessments pave the way to a multitude of management options
- Take the pressure off / turn the volume down

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